

A Little Short On Dreams

COPPER KNOB
STEPPED

拍数: 32 墙数: 2 级数: Beginner
编舞者: Pat Newell (USA) - November 2015
音乐: A Few Cents Short - John Michael Montgomery : (32 in)



Alt. music: Don't You Wish It Was True, John Fogerty - 16 in - 128 BPM

Senior Dancing Series

Learning: Step touches, struts, triples, rock/recover, kick ball change

RIGHT STEP TOUCH, TOUCH TOUCH, LEFT STEP TOUCH, TOUCH TOUCH

1-4 Step R to R, touch L next to R, touch L out, in,
5-8 Step L to L, touch R next to L, touch R out, in □ 12:00

TOE HEEL STRUTS IN A V FORMATION (out, out, in, in)

1-4 Touch R to diagonally R, step down R heel, touch L diagonally L, step down L heel
5-8 Touch R forward, step down on R heel, touch L forward, step down on L heel 12:00

TRIPLE FORWARD, ROCK RECOVER, TRIPLE ½ LEFT, ROCK RECOVER

1&2 3,4 Triple forward R, L, R, rock forward on L, recover on R
5&6 7,8 Triple back and to ½ left L, R, L, rock forward on R, recover on L 6:00

ROCKING CHAIR FOR 6 COUNTS, KICK BALL CHANGE

1-4 Rock back on R, recover on L, rock forward on R, recover on L
5,6 7&8 Rock back on R, recover on L, kick R fwd, step down on ball of R, step on L 6:00

DANCE FOR THE HEALTH OF IT
