Nobody to Blame But Me



编舞者: Bobbey Willson (USA) - November 2015

音乐: Nobody To Blame - Chris Stapleton



Intro 12 beats, Begin at 13 with Lyrics

Step L Stomp R & lift R Coaster, Shuffle fwd LRL Chase Turn 1/2left

1 2&3&4 Step L firmly down, Stomp R down (clap), Lift R, Step R back, Step L to R, Step R fwd Step L fwd, Step R to L, Step L fwd, Step R fwd, Turn 1/2 left and step L, Step R fwd

Shuffle fwd LRL, R-Kick-Ball-Heel and, Heel Switches RLR Hold/Clap 2x

1&2 Step L fwd, Step R to L, Step L fwd

3&4& Kick R fwd, Step on ball of R, Set L heel fwd, Step L to R5&6& Set R heel fwd, Step R to L, Set L heel fwd, Step L to R

7 8 Set R heel fwd, Hold and clap twice

R Rock-back Rec(&R Scuff) Cross-Shuffle RLR, Side-Rock left Rec Turns right 1/2 & 1/2

1 2 Rock R back, Recover on L and scuff R

3&4 Cross R over L, Step L behind R, Cross R over L

5 6 Rock L to left, Recover on R

7 8 Turn 1/2 right and step L to left, Turn 1/2 right and step R to right

Side-Rock left Recover Triple left LRL, R over Jazzbox modified

1 2 3&4 Rock L to left, Recover on R, Turning 1/4 left step LRL

5 6 7&8 Cross R over L, Step L back, Step R back, step L to R, Step R fwd

Tag: 10 Count Tag after Wall 4 (instrumental)

L Stomp R Stomp Shuffle-back LRL, Rock-back Rec Shuffle fwd RLR, L Rock-back Rec

1 2 3&4 Stomp L, Stomp R, Step L back, Step R to L, Step L back (clap on stomps, whenever!)

5 6 7&8 Rock R back. Recover on L, Step R fwd, Step L to R, Step R fwd

12 Rock L back, Recover on R

No other Deviations - Enjoy the dance!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. willbeys@aol.com [http://bobbeywillson.weebly.com]