

# Ting Ting

拍数: 32      墙数: 4      级数: Improver  
编舞者: Pat Stott (UK) - November 2015  
音乐: Glitter & Gold - Barns Courtney



Commence after 32 counts (approx 21 seconds)

**Heel strut, heel strut, rocking chair, heel strut, heel strut, step, 1/2 pivot left, step**

1&2&      Right heel forward, lower toes, left heel forward, lower toes  
3&4&.      Rock forward on right, recover on left, rock back on right, recover on left  
5&6&.      Right heel forward, lower toes, left heel forward, lower toes  
7&8.      Forward on right, 1/2 pivot left transferring weight to left, forward on right

**Step, lock, step, step, lock, step, step, tap, tap, big step to right sliding left halfway, heel, toe, heel (changing weight onto left on beat 8)**

1&2.      Diagonally forward on left to left diagonal, lock right behind left, diagonally forward on left  
&3&4.      Diagonally forward on right to right diagonal, lock left behind right, diagonally forward on right, step left to left  
5&.      Tap right next to left x 2  
6.      Large step to right sliding left toe half way towards right

(optional - lean to the left with arms out to sides as you slide the left towards the right then straighten up on the following steps)

7&8.      Bringing left to right - heel, toe, heel (weight change to left on beat 8)

**Side, tap, out, in, heel forward, touch in front, dig heel forward x 2, side touch behind, side, touch behind, vine left with 1/4 turn left**

1&2&.      Step right to right, tap left next to right, touch left toe to left side, tap left toe next to right  
3&.      Dig left heel, diagonally forward, touch left toe across and in front of right  
4&.      Dig left heel diagonally forward x2  
5&6&.      Step left to left, tap right toe behind left, step right to right, tap left behind right  
7&8.      Step left to left, cross right behind left, turn 1/4 left stepping forward on left

**Forward, rock, side, rock, sailor 1/4 turn right, forward rock, side rock, sailor 1/4 turn left**

1&2&.      Rock forward on right, recover on left, rock right to right, recover on left  
3&4.      Sweep right behind left stepping onto right, turn 1/4 right stepping left to left, step in place on right  
5&6&.      Rock forward on left, recover on right, rock left to left, recover on right  
7&8.      Sweep left behind right stepping onto left, turn 1/4 left stepping right to right, step in place on left

**Tag : End of wall 5 facing 3 o'clock**

1-6.      Walk round in a full circle to right r-l-r-l-r-l (Commence the dance again)

**Ending : Finishes at the front at the end of section 2**