

Door of The Heart

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: mBah Wir (INA) - November 2015
音乐: La porta del cuore (Rumba lenta) - Mirna Fox : (Album: Balla E Sorridi Vol. 3 -
Musica Da Ballo Liscio E Latino)



Intro : 32 Count - No Tag
Restart on 6th wall after 24 count

S1: BASIC RUMBA WALK

1-4 Rock L backward, Recover on R, Step L forward, Hold
5-8 Step R forward, Step L forward, Step R forward, Hold

S2: FORWARD ROCK, RECOVER, ½ LEFT TURN, HOLD, ½ LEFT TURN, ½ LEFT TURN, ¼ LEFT TURN, HOLD

1-4 Rock L forward, Recover on R, Turn ½ L step L forward, Hold
5-8 Turn ½ L step R backward, Turn ½ L step L forward, Turn ¼ L step R to side, Hold

S3: LEFT SLOW CHASSE, HOLD, RIGHT SLOW CHASSE, HOLD

1-4 Step L to side, Step R next to L, Step L to side, Hold
5-8 Step R to side, Step L next to L, Step R to side, Hold

Restart here on wall 6

S4: ¼ RIGHT TURN, SPIRAL ¾ RIGHT TURN, HOLD, RUMBA WALK BACKWARD, HOLD

1-4 Turn ¼ R on R, Turn ¾ R (Spiral ¾ R), step L to side, Hold
5-8 Step R backward, Step L backward, Step R backward, Hold

Restart Dance

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