

Ipoh Cha

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 1 级数: Easy Intermediate Cha Cha rhythm
编舞者: Terry Hogan (AUS) - August 2015
音乐: Everybody Loves to Cha Cha Cha - Sam Cooke



Written for a workshop in Ipoh, Malaysia.

The intro is fast, just four beats and then the vocals start.

Step off on the fourth beat rather than wait for the lyrics to be in time on the first set of 8.

[1-8]: FWD R, FWD L, SIDE R, 1/4L, FWD ROCK L, REPLACE R, BACK COASTER LRL

1,2 Step forward Right, Left
3,4 Step side Right, twist to make 1/4 turn left keeping weight on Right and allowing Left heel to raise
5,6 Rock-step forward Left, replace weight back onto Right
7,&,8 Step back Left, step Right beside Left, step forward Left

[9-16]: FWD R, 1/2PIVOT L, CHA-CHA FWD 1/2L RLR, ROCK BACK L, REPLACE R, FWD L, FULL TURN L

1,2 Step forward Right, make 1/2 pivot turn left onto Left
3,&,4 Cha-cha forward Right, Left, Right, making 1/2 turn left (you will finish this moving backward)
5,6 Rock-step back Left, replace weight forward onto Right
7,8 Step forward Left, make a full turn right on ball of Left foot keeping Right toe on the ground for balance

[17-24]: FWD R, HOLD, CHA-CHA FWD LRL, FWD R, 1/2PIVOT L, CHA-CHA FWD RLR

1-4 Step forward Right, Hold, triple step/cha-cha forward Left, Right, Left
5-8 Step forward Right, make 1/2 pivot turn left onto Left, cha-cha forward Right, Left, Right

[25-32]: SIDE L, TOGETHER R, SIDE CHA-CHA LRL, CROSS ROCK R, RELACE L, 1/4R CHA-CHA FWD RLR

1-4 Step side Left, step Right beside Left, cha-cha to the left side Left, Right, Left
5,6 Cross-rock Right over Left, replace weight onto Left
7,&,8 Make 1/4 turn right and cha-cha forward Right, Left, Right

[33-40]: ROCK FWD L, REPLACE R, 1/2L CHA-CHA FWD LRL, ROCK FWD R, REPLACE L, 1/2R CHA-CHA FWD LRL

1,2 Rock-step forward Left, replace weight back onto Right
3,&,4 Make 1/2 turn left and cha-cha forward Left, Right, Left
5,6 Rock-step forward Right, replace weight back onto Left
7,&,8 Make 1/2 turn right and cha-cha forward Right, Left, Right

[41-48]: FWD L, 1/4PIVOT R, CROSS L, HOLD, SIDE R, TOGETHER L, SIDE CHA-CHA RLR

1-4 Step forward Left, make 1/4 pivot turn right onto Right, step Left over Right, Hold
5-8 Step side Right, step Left beside Right, cha-cha to the right side Right, Left, Right

[49-56]: CROSS ROCK L, REPLACE R, 1/4L CHA-CHA FWD LRL, ROCK FWD R, REPLACE L, BACK R, HOLD

1,2 Cross-rock Left over Right, replace weight back onto Right
3,&,4 Make 1/4 turn left and cha-cha forward Left, Right, Left
5-8 Rock-step forward Right, replace weight back onto Left, step back Right, Hold

[57-64]: ROCK BACK L, REPLACE R, CHA-CHA FWD LRL, FWD R, TWIST 1/2L, CHA-CHA FWD LRL

1-4 Rock-step back Left, replace weight forward onto Right, cha-cha forward Left, Right, Left

5,6 Step forward Right, twist to make 1/2 turn left keeping weight over Right
7,&,8 Cha-cha forward Left, Right, Left

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