

Happy Unlimited (快樂無極限) (zh)

COPPER KNOB
BY STEPHEN T. S.

拍数: 96 墙数: 4 级数: Phrased Easy Intermediate
编舞者: Amy Yang (TW) - 2015年12月
音乐: Happy Unlimited by YangWei LingHua and Zeng Yi



Intro : 48 counts

Sequence of dance : A A Tag(4) B B C /A A Tag(4) B B/ Tag(4) B B C

PART A - 32 counts

Sec. A1: CROSS, POINT(R&L), JAZZ BOX 1/4 TURN R

1 - 4 Cross RF over LF, Point LF to L, Cross LF over RF, Point RF to R
5 - 8 Cross RF over LF, Step LF back, 1/4 turn R stepping RF forward, Step LF orward(03:00)
1 - 4 右足交叉左足前, 左足側點, 左足交叉右足前, 右足側點
5 - 8 右足交叉左足前, 左足後踏, 右轉 1/4 右足前踏, 左足前踏(03:00)

Sec. A2: CROSS, POINT(R&L), JAZZ BOX 1/4 TURN R

1 - 4 Cross RF over LF, Point LF to L, Cross LF over RF, Point RF to R
5 - 8 Cross RF over LF, Step LF back, 1/4 turn R stepping RF forward, Step LF orward(06:00)
1 - 4 右足交叉左足前, 左足側點, 左足交叉右足前, 右足側點
5 - 8 右足交叉左足前, 左足後踏, 右轉 1/4 右足前踏, 左足前踏(06:00)

Sec. A3: ROCKING CHAIR, SHUFFLE DIAGONAL(R&L)

1 - 4 Step RF forward, Recover onto LF, Step RF back, Recover onto LF
5& 6 Step RF forward R diagonal, Lock LF behind RF, Step RF forward R diagonal
7& 8 Step LF forward L diagonal, Lock RF behind LF, Step LF forward L diagonal
1 - 4 右足前踏, 重心回左足, 右足後踏, 重心回左足
5& 6 右足踏右斜前, 左足鎖於右足後, 右足踏右斜前
7& 8 左足踏左斜前, 右足鎖於左足後, 左足踏左斜前

Sec. A4: FORWARD, PIVOT 1/2 TURN L, FORWARD SHUFFLE, FORWARD, PIVOT 1/4 TURN R, CROSS SHUFFLE

1 - 2 Step RF forward, Pivot 1/2 turn L stepping LF forward(12:00)
3& 4 Step RF forward, Lock LF behind RF, Step RF forward
5 - 6 Step LF forward, Pivot 1/4 turn R stepping RF to R(03:00)
7& 8 Cross LF over RF, Step RF to R, Cross LF over RF
1 - 2 右足前踏, 左轉 1/2 左足前踏
3& 4 右足前踏, 左足鎖於右足後, 右足前踏
5 - 6 左足前踏, 右轉 1/4 右足右踏
7& 8 左足交叉右足前, 右足右踏, 左足交叉右足前

PART B - 32 counts

Sec. B1: GRAPEVINE, SIDE SHUFFLE, BACK, RECOVER

1 - 4 Step RF to R, Cross LF behind RF, Step RF to R, Cross LF over RF
5& 6 Step RF to R, Step LF beside RF, Step RF to R
7 - 8 Step LF behind RF, Recover onto RF
1 - 4 右足右踏, 左足交叉右足後, 右足右踏, 左足交叉右足前
5& 6 右足右踏, 左足併於右足旁, 右足右踏
7 - 8 左足後踏, 重心回右足

Sec. B2: GRAPEVINE, SIDE SHUFFLE, BACK, RECOVER

1 - 4 Step LF to L, Cross RF behind LF, Step LF to L, Cross RF over LF
5& 6 Step LF to L, Step RF beside LF, Step LF to L

- 7 – 8 Step RF behind LF, Recover onto LF
- 1 - 4 左足左踏, 右足交叉左足後, 左足左踏, 右足交叉左足前
- 5& 6 左足左踏, 右足併於左足旁, 左足左踏
- 7 – 8 右足後踏, 重心回左足

Sec. B3: HALF RUMBA BOX, SIDE, BESIDE, FORWARD SHUFFLE

- 1 – 4 Step RF to R, Step LF beside RF, Step RF forward, Touch LF beside RF
- 5 – 6 Step LF to L, Step RF beside LF
- 7& 8 Step LF forward, Lock RF behind LF, Step LF forward
- 1 - 4 右足右踏, 左足併於右足旁, 右足前踏, 左足點收於右足旁
- 5 – 6 左足左踏, 右足併於左足旁
- 7& 8 左足前踏, 右足鎖步於左足後, 左足前踏

Sec. B4: FORWARD, RECOVER, MAKE 1/4 TURN R SIDE SHUFFLE, CROSS, RECOVER, SIDE, TOUCH

- 1 – 2 Step RF forward, Recover onto LF
- 3& 4 Make 1/4 turn R stepping RF to R, Step LF beside RF, Step RF to R(09:00)
- 5 – 8 Cross LF over RF, Recover onto RF, Step LF to L, Touch RF beside LF
- 1 - 2 右足前踏, 重心回左足
- 3& 4 右轉 1/4 右足右踏, 左足併於右足旁, 右足右踏(09:00)
- 5 – 8 左足交叉右足前, 重心回右足, 左足左踏, 右足點收於左足旁

PART C - 32 counts

Sec. C1: WEAVE TOUCH(R&L)

- 1 – 4 Step RF to R, Cross LF over RF, Step RF to R, Touch LF heel forward L diagonal
- 5 - 8 Step LF to L, Cross RF over LF, Step LF to L, Touch RF heel forward R diagonal
- 1 – 4 右足右踏, 左足交叉右足前, 右足右踏, 左足腳腫前點
- 5 - 8 左足左踏, 右足交叉左足前, 左足左踏, 右足腳腫前點

Sec. C2: BACK, RECOVER, FORWARD SHUFFLE, FORWARD, RECOVER, COASTER

- 1 – 2 Step RF back, Recover onto LF
- 3& 4 Step RF forward, Lock LF behind RF, Step RF forward
- 5 – 6 Step LF forward, Recover onto RF
- 7& 8 Step LF back, Step RF beside, Step LF forward
- 1 - 2 右足後踏, 重心回左足
- 3& 4 右足前踏, 左足鎖於右足後, 右足前踏
- 5 – 6 左足前踏, 重心回右足
- 7& 8 左足後踏, 右足併於左足旁, 左足前踏

Sec. C3: WALK FORWARD(R,L,R), TOUCH, WALK BACK(L,R,L), TOUCH

- 1 – 4 Walk forward on RF、LF、RF, Touch LF to L
- 5 – 8 Walk back on LF、RF、LF, Touch RF beside LF
- 1 – 4 前進走步右足、左足、右足, 左足點左側
- 5 – 8 後退走步左足、右足、左足, 右足點收於左足旁

Sec. C4: JAZZ BOX 1/4 TURN R(x2)

- 1 – 4 Cross RF over LF, Step LF back, 1/4 turn R stepping RF forward, Step LF forward(03:00)
- 5 - 8 Cross RF over LF, Step LF back, 1/4 turn R stepping RF forward, Step LF forward(06:00)
- 1 – 4 右足交叉左足前, 左足後踏, 右轉 1/4 右足前踏, 左足前踏(03:00)
- 5 - 8 右足交叉左足前, 左足後踏, 右轉 1/4 右足前踏, 左足前踏(06:00)

Start again

Tags : After walls 2、7 & 9, add 4 counts tag (facing 06:00、12:00 & 06:00)

加拍:跳完第二、七及九面牆, 加跳4拍(面向06:00、12:00及06:00)

ROCKING CHAIR

1 – 4 Step RF forward, Recover onto LF, Step RF back, Recover onto LF
1 - 4 右足前踏, 重心回左足, 右足後踏, 重心回左足

Ending : During walls 12, after PART C 24 counts(facing 12:00), change the “1/4 Turn R Jazz Box” 2 times to 1/2 each time back to the front
結束:第十二面牆, 跳完C段24拍(面向12:00), 將“爵士方塊右轉 1/4”兩次中的 1/4 改成1/2回到前面

Have Fun & Happy Dancing!

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