

Hot Pepper Doll 4 - 1

拍数: 64 墙数: 2 级数: Improver
编舞者: David Dabbs (UK) - November 2015
音乐: Hot Pepper Doll - Cerrito : (CD: They Know You're Gone)



#16 count intro. Available on iTunes. 132 bpm.

ROCK STEP BACK, SHUFFLE FORWARD, ROCK STEP FORWARD, SHUFFLE BACK.

- 1 - 4. Rock back on right, recover on left, shuffle forward right left right.
5 - 8. Rock forward on left, recover on right, shuffle back on left right left.

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- 9 - 12. Swing right foot in ½ circle behind left (weight on right toe), hold, swing left foot in ½ circle behind right, (weight on left toe), hold.
13 - 16. Repeat steps 9 – 12.

ROCK STEP BACK, SHUFFLE ½, SHUFFLE ½, WALK FORWARD X 2.

- 17 - 20. Rock back on right, recover on left, shuffle ½ turn left on right left right.
21 - 24. Shuffle ½ turn left on left right left, walk forward right, left.

CROSS ROCK, CHASSIS, REPEAT.

- 25 - 28. Cross right over left, recover on left, chassis to right on right left right.
29 - 32. Cross left over right, recover on right, chassis to left on left right left.

TAP FORWARD, SIDE, COASTER STEP, REPEAT.

- 33 - 36. Tap right toe forward, to the side, step back on right, together with left, step forward on right.
37 - 40. Repeat steps 33 – 36 on opposite feet.

SIDE, BEHIND, SHUFFLE ¼ TURN, ROCK STEP FORWARD, COASTER STEP.

- 41 - 44. Step to side on right, behind on left, shuffle ¼ turn right on right left right.
45 - 48. Rock forward on left, recover on right, step back on left, together with right, step forward on left.

STEP PIVOT ½, SHUFFLE FORWARD, SWAY LEFT, RIGHT, COASTER ¼ TURN.

- 49 - 52. Step forward on right, pivot ½ stepping forward on left, shuffle forward right left right.
53 - 56. Sway left, sway right, ¼ turn left stepping back on left, together with right, step forward on left.

WALK FORWARD X 2, SHUFFLE FORWARD, SWAY LEFT, RIGHT, LEFT, TOUCH RIGHT.

- 57 - 60. Walk forward right, left, shuffle forward right left right.
61 - 64. Sway left on left, sway right, sway left, touch right.

BEGIN AGAIN.

Hampers Green Centre, Petworth GU28 9NL
Hampers Green Centre, Petworth, West Sussex, GU28 9NL

Email: david.dabbs14@gmail.com