

Adios

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Sally Hung (TW) - November 2015
音乐: Adiós - Jennifer Lopez



Sequence Of Dance: No Tag, No Restart

Intro: 32 Counts (On Lyrics)

S1. SCISSOR STEP, SCISSOR STEP, R CROSS MAMBO, L CROSS MAMBO

1&2 Step R to side, step L together, cross R over L
3&4 Step L to side, step R together, cross L over R
5&6 Cross R over L, recover on L, step R to R side (weight on R)
7&8 Cross L over R, recover on R, step L to L side (weight on L)

S2. DIAGONAL ROCKING CHAIR x2, SAMBA WHISK R,L

1&2& Facing L diagonal, cross rock R fwd, recover onto L, rock back on R diagonal, recover onto L
3&4& repeat 1,2,3,4
5&6 Step R to R, rock L behind R, recover back onto R
7&8 Step L to L, rock R behind L, recover back onto L

S3. ¼ TURN R STEP LOCK STEP, ½ TURN L STEP LOCK STEP, MAMBO FWD, MAMBO BACK

1&2 Make a ¼ turn R stepping R fwd, lock L behind R, step R fwd
3&4 Make a ½ turn L stepping L fwd, lock R behind L, step L fwd
5&6 Rock fwd on R, recover on L, step back on R
7&8 Rock back on L, recover on R, step L fwd

S4. FULL TURN VOLTA TO L, FULL TURN VOLTA TO R

1&2&3&4 Buzz Turn to L (R,L,R,L,R,L,R)
5&6&7&8 Buzz Turn to R (L,R,L,R,L,R,L)

Happy Dancing!

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