

Singapore River (星洲河畔) (zh)

COPPER KNOB
BY STEPHEN T. S.

拍数: 24 墙数: 4 级数: Improver
编舞者: Felicia Tan (SG)
音乐: Moon River (Waltz / 30 BPM) - Ross Mitchell, His Band and Singers



第一段 SIDE, BEHIND, CROSS 側, 後, 交叉

1-3 Step right to right, step left behind right, cross right over left
右足右踏, 左足於右足後踏, 右足於左足前交叉踏

4-6 Repeat steps 1-3 commencing with left foot
以左足重覆1-3

第二段 ROLLING TURN RIGHT, ROCK IN PLACE, HOLD 右轉圈, 下沉, 候

1-3 $\frac{1}{4}$ turn to right step forward on right, $\frac{1}{2}$ turn to right step back on left, $\frac{1}{4}$ turn to right step right to right
右轉90度右足前踏, 右轉180度左足後踏, 右轉90度右足右踏

4-6 Rock to left with head turning and looking down to left, hold for 2 counts 左足下沉(轉頭看左下方), 候2拍

Easy option SIDE, BEHIND, SIDE, ROCKS IN PLACE 側, 後, 側, 下沉

簡易版

1-3 Step right to right, step left behind right, step right to right
右足右下沉, 左足於右足後踏, 右足右踏

4-6 Rock to left, right, left
左足下沉, 右足下沉, 左足下沉

第三段 BEHIND, BEHIND $\frac{1}{2}$ TURN LEFT, IN PLACE 後, 左轉1/2後, 原地

1-3 Step back right, step back left and make $\frac{1}{2}$ turn to left on ball of left, step weight backward onto right
右足後踏, 左轉180度左足後踏, 右足後踏

4-6 Repeat steps 13-15 commencing with left foot
以左足重覆1-3

第四段 BEHIND, BEHIND $\frac{1}{4}$ TURN LEFT, IN PLACE, CROSS, SIDE, CLOSE 後, 左轉1/4後, 原地, 交叉, 側, 併

1-3 Step back right, step back left and make $\frac{1}{4}$ turn to left on ball of left, step right to right
右足後踏, 左轉90度左足後踏, 右足右踏

4-6 Cross left over right, large step right to right, drag left beside right 左足於右足前交叉踏, 右一大步, 左足拖併踏

Easy option: 第三段第四段簡易版

第三段 BASIC TWINKLE BACK, BASIC TWINKLE FORWARD 基本後交叉之華士步, 基本前交叉之華士步

1-3 Step back right, step left beside right, step right in place
右足後踏, 左足併踏, 右足原地踏

4-6 Step forward left, step right beside left, step left in place
左足前踏, 右足併踏, 左足原地踏

第四段 TWINKLE WITH ¼ TURN LEFT, CROSSING TWINKLE STEP
左轉1/4交叉華士步, 交叉華士步

- 1-3 Step back right, ¼ turn to left on ball of right and step left beside right, step right in place
右足後踏, 左轉90度左足併踏, 右足原地踏
- 4-6 Cross left over right, step right beside left, step left in place
左足於右足前交叉踏, 右足併踏, 左足原地踏
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