

# Red-Suited Super Man

**COPPER** **NOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Sonja Hemmes (USA) - November 2015  
音乐: Red-Suited Super Man (feat. Trombone Shorty) - Rod Stewart : (Album: Merry Christmas, Baby)



## Start on Lyrics

### STEP TOGETHER STEP, LEFT KICK, STEP TOGETHER STEP, RIGHT KICK □

1&2      Step right to right side, step left to left, step right to right side  
3&4      Left foot kick diagonally, step left next to right, step right to left  
5&6      Step left to left side, step right to right, step left to left side  
7&8      Right foot kick diagonally, step right next to left, step left next to right

### LOCK STEP FORWARD, ROCK FORWARD, LOCK STEP BACK, COASTER BACK

1&2      Step right foot forward, left foot behind right, step right foot forward  
3&4      Rock left foot forward, return weight on right, step on left  
5&6      Step right foot back, step left foot back in front of right, step right foot back  
7&8      Step left foot back, step right foot next to left, step left foot forward

### ROCK FORWARD, HOLD, TRIPLE FULL TURN, ROCK BACK, POINT

1&2      Rock right foot forward, return weight on left, hold  
3&4      Step right foot to the right, left behind right, step right forward, turning ½ right  
5&6      Step left foot forward, right behind left, step left foot forward, turning ½ right  
7&8      Rock right foot back, return weight on left, point right toe to right side

### RIGHT SAILOR STEP, LEFT SAILOR STEP, RIGHT SAILOR STEP 1/4 TURN RIGHT, CROSS SHUFFLE

1&2      Cross step right behind left, ball stepping left next to right, step right forward  
3&4      Cross step left behind right, ball stepping right next to left, step left forward  
5&6      Cross step right behind left, making a 1/4 turn right, ball stepping left next to right, step right forward  
7&8      Left foot cross in front of right, right foot to right side, left foot in front of right

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