Ain't Going Nowhere

拍数: 32

级数: Beginner

编舞者: Jan Brookfield (UK) - November 2015

音乐: You Ain't Goin' Nowhere - The Byrds

Also for Christmas : "Santa's Little Darlin" by Larissia Murphy 146BPM Country: Clint Bradley - "Doggone Cowboy"

Start on vocals

Section 1 : VINE RIGHT, TOUCH, VINE LEFT WITH ¼ TURN, SCUFF

- 1,2,3,4 Step R to side, step L behind R, step R to side, touch L next to R
- 5,6,7,8 Step L to side, step R behind L, making a quarter turn left step L forward, scuff R

Section 2 : ROCKING CHAIR, STOMP, FAN TOES OUT-IN-OUT

- Rock R forward, recover back onto L, rock R back, recover forward onto L 9,10,11,12
- 13 Stomp R forward
- 14,15,16 With weight on R heel, fan R toes OUT to right side, IN towards L, OUT to right side

Section 3 : ROCK, RECOVER, STEP BACK, KICK, COASTER STEP

- 17,18,19,20 Rock L forward, recover back onto R, step L back, kick R forward
- Step R back, step L next to R, step R forward, hold 21,22,23,24

Section 4 : STEP, SLIDE, STEP, SCUFF, JAZZ BOX, CROSS

- 25,26,27,28 Step L forward, slide R up to L, step L forward, scuff R forward
- 29,30,31,32 Step R across in front of L, step L back, step R to side, step L across in front of R

START AGAIN





墙数: 4