

Wishing And Waltzing

COPPER KNOB
BY STEPHEN

拍数: 24 墙数: 1 级数: Beginner waltz
编舞者: Pat Newell (USA) - November 2015
音乐: Christmas Wishes - Anne Murray : (Album: Holiday Selection)



Start: 24 counts in

(Alt.): Always an Angel by Bouke - 24 counts in

Senior Dancing Series

Learning: turns, balance, basic, waltz coaster step, wall orientation

¼ FORWARD RIGHT, ¼ TURN BACK ON LEFT, ¼ FORWARD ON RIGHT, ¼ TURN BACK ON LEFT

1-6 Step R ¼ R (3:00), step L together, step R, step back on L ¼, step R L together (back to 12:00)

4-12 Step R ¼ R (9:00) step L together, step R, step back on L ¼ step R, L together (face 12:00)

*Think of the above as a baseball diamond: 1st base, 2nd base, 3rd base, home plate

BALANCE RIGHT, BALANCE LEFT

1-3 Step R to R, rock L behind R, recover on R

4-6 *Step L to L, rock R behind L, recover on L

* Can do a ¼ turn Right on second balance making this a 4 wall dance - turn ¼ R on ct 5, step tog on ct 6

BASIC WALTZ FORWARD, WALTZ COASTER STEP

1-3 Step R forward, L together, step on R

4-6 Step L back, step back on R, step forward on L

END OF DANCE

FOR MORE ADVANCED DANCERS OPTION LAST 6 COUNTS:

1-3 Step R forward ½ pivot L, step together, 6:00

4-6 step L forward ½ pivot R step together 12:00

DANCE FOR THE HEALTH OF IT.