

Call Waiting

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Johanna Barnes (USA) - October 2015
音乐: Come When I Call (Live) - John Mayer : (Live at the Nokia Theatre)



(Clock notation begins on your start wall as 12:00.

Each phrase will carry a new 12:00 start wall, ½ right of the previous phrase.)

[1~8]: □BIG SIDE STEP L, BOUNCE BALL CROSS, R SWEEP CROSS, L HEEL JACK, BALL STEP

1-2 L big step to left side (1); natural slight drag of R toward L to fully weight L (2)
3 & 4 Bounce R heel into floor (or R low kick) (3); step weight onto R (&); L step across R (4)
5, 6 sweep R back to front (5); R step across L (6)
& 7 & 8 L step back (&); present R heel forward (7); R small step forward (&); L step forward (8)

[9~16]: □FWD ROCK RECOVER, ¼ SIDE CROSS, SYNCOPATED WEAVE, SIDE ROCK RECOVER

1, 2 R push rock forward (1); recover weight onto L (2)
3, 4 R ¼ right [3:00] (3); L step across R (4)
& 5 & 6 R step to right side (&); L cross step behind R (5); R step to right side (&); L step across R (6)
7, 8 R push rock out to right side (7); recover weight back onto L (8)

[17~24]: □WEAVE L, KICK BALL STEP, STEP, HOLD, ½ TURN R, FWD STEP

1 & 2 R cross step behind L (1); L step to left side (&); R step across L (2)
3 & 4 L low forward kick (3); L step back on ball of foot (&); R step forward (4)
5,6,7,8 L step forward (with hip) (5); hold (6); ½ right onto R [9:00] (7); L step forward (8)

[25~32]: □R SAILOR STEP, L SAILOR STEP, TWIST BOUNCE BALL STEP x 2

1 & 2 R cross step behind L (1); L small step push out to left side (&); R return step out to right side (2)
3 & 4 L cross step behind R (3); R small step push out to right side (&); L return step out to left side* (4)
5 & 6 twist R heel inward on toe, then press heel down (5); R small step next to L (&); L step open to left side (6)
7 & 8 twist R heel inward on toe, then press heel down (7); R small step next to L (&); L step open to left side (8)

*Hint: if you angle out toward the left after the L sailor, you'll get a bigger return on the twist action of the R for count 5

[33~40&]: BRUSH STEP TOUCH, HEEL JACK BALL BRUSH STEP, CROSS BEHIND, ½ UNWIND, ¼ SIDE, BEHIND, SIDE

1 & 2 R brush forward (1); R small step forward (&); L touch toe behind R (2)
&3&4& L step back (&); present R heel (3); R step next to L (&); L brush forward (4); L step forward and slightly left (&)
5, 6, 7 R toe cross press behind L (5); unwind ½ right, weight R [3:00] (6); ¼ right taking weight left to L [6:00] (7)
8 & R small cross step behind L (8); L step to left side, slightly open to left (&)

[41~48&]: R SWIVEL, L SWIVEL, JAZZ STEP ¼ R, STEP PUSH ¾ R □

1-2 R swivel with hip to right (1); hold (2)
3, 4 L swivel with hip to left (3); hold (4)
5, 6 R step across L (5); L step back (6)
7, 8 & R step ¼ right forward [9:00] (7); L step forward (8); ¾ right, weight R (crossed over) [6:00] (&)

(BEGIN AGAIN, and most certainly DWYF!)

Styling note: Most of the steps in this dance are small and underneath you. Keep it light but grounded.

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This step description is intended to be a guideline.

Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel.

<http://www.youtube.com/user/DanceWhatYouFeel>

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