

Bossy (耍老大) (zh)

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Michele Perron (CAN) - 2008年09月
音乐: Bossy - Lindsay Lohan : (CD: Single)



前奏 : 32 Counts [begin on vocals "Stop touching me...."]

第一段 Side-Rock, Kick-Cross-Touch; Turn, Forward, Triple Forward 側下沉, 踢-交叉-點, 轉, 前, 小三步前踏

- 1,2 RIGHT Rock/Step side R; LEFT Recover/Step side L
右足右下沉, 左足回復
- 3&4 RIGHT Kick forward, RIGHT Step across front of L, LEFT Touch side L 右足前踢, 右足於左足前交叉踏, 左足左點
- 5,6 TURN 1/2 L on RIGHT; LEFT Step forward (6 o'clock)
左轉180度, 左足前踏(面向6點鐘)
- 7&8 RIGHT Triple forward (R forward, L Together, R forward)
右足前踏, 左足併踏, 右足前踏

第二段 Across, Turn, Back-Together-Forward, Forward, Forward, Kick, Step, Out 交叉, 轉, 後-併-前, 前, 前, 踢, 踏, 外

- 1,2 LEFT Step across front of R; RIGHT Step back with 1/4 Turn L (3 o'clock) 左足於右足前交叉踏, 右足後踏左
- 3&4 LEFT Step back, RIGHT Step beside L, LEFT Step forward
左足後踏, 右足併踏, 左足前踏
- 5,6 RIGHT, LEFT Steps forward 右足前踏, 左足前踏
- &,7,8 RIGHT Kick forward; RIGHT Step beside L; LEFT Step beside L
右足前踢, 右足併踏, 左足左踏

第三段 Bump R & R, Bump L & L, Bumps: R,L,R,L 右推臀, 左推臀, 推臀:右, 左, 右, 左

- 1&2 RIGHT Hip bumps R, Centre, R 推臀:右, 回, 右

Ending: on Sec 3, Right Hip bumps, after Counts 1&2, Turn 1/2 R to face front & strike a "Bossy" Posé
第三段第1&2拍右推臀後, 右轉180度面向前面, 擺個Bossy姿態結束

- 3&4 LEFT Hip bumps L, Centre, L 推臀:右, 回, 右
- 5,6 RIGHT, LEFT Hip Bumps 右推臀, 左推臀
- 7,8 RIGHT, LEFT Hip Bumps 右推臀, 左推臀

第四段 Forward/Rock, Recover/Back, Triple Turn, Forward, Turn, Twist-Twist 前/下沉, 回復/後, 小三步轉, 前, 轉, 搖搖

- 1,2 RIGHT Rock/Step forward; LEFT Recover/Step back
右足前下沉, 左足回復
- 3&4 RIGHT Triple with 1/2 Turn R (R side, L beside, R forward) (9 o'clock)
小三步右轉180度:右轉90度右足右踏, 左足併踏, 右轉90度右足前踏(面向9點鐘)
- 5,6 LEFT Step forward; Turn 1/2 R, weight on LEFT (3 o'clock)
左足前踏, 右轉180度重心在左足(面向3點鐘)
- 7,8 Turn 1/2 R with two heel twists (heels twist L, clockwise) * (9 o'clock) 雙足踵順時針轉180度(面向9點鐘)
* RIGHT Foot may end in spiral foot position, weight on left

第五段**Turn, Side, Behind-Side-Across, Side, Behind, Side, Touch**
轉, 側, 後-側-交叉, 側, 後, 側, 點

- 1,2 RIGHT Step forward with 1/4 Turn R; LEFT Step side L with 1/4 Turn R (3 o'clock) 右轉90度右足前踏, 右轉90度左足左踏
- 3&4 RIGHT Step crossed behind L, LEFT Step side L, RIGHT Step across front of L 右足於左足後交叉踏, 左足左踏, 右足於左足後交叉踏
- 5,6 LEFT Step side L; RIGHT Step crossed behind L
左足左踏, 右足於左足後交叉踏
- 7,8 LEFT Step side L; RIGHT Touch side R 左足左踏, 右足右點

第六段**Turn, Side, Behind-Side-Across, Side, Behind, Side, Touch**
轉, 側, 後-側-交叉, 側, 後, 側, 點

- 1,2 RIGHT Step forward with 1/4 Turn R; LEFT Step side L with 1/4 Turn R (9 o'clock) 右轉90度右足前踏, 右轉90度左足左踏(面向9點鐘)
- 3&4 RIGHT Step crossed behind L, LEFT Step side L, RIGHT Step across front of L 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏
- 5,6 LEFT Step side L; RIGHT Step crossed behind L
左足左踏, 右足於左足後交叉踏
- 7,8 LEFT Step side L; RIGHT Touch side R 左足左踏, 右足右點

第七段**Forward, Twist/Bend/Snap, Left Triple Forward: Repeat**
前, 轉/彎/彈, 左小三步前, 重覆

- 1,2 Execute 1/4 Turn R with RIGHT Step forward; LEFT beside R, heels twist L (clockwise), body faces diagonal R, knees bend, R finger snap (above shoulder height) (12 o'clock) 右轉90度右足前踏, 左足併踏, 雙足踵順時針轉, 身體面向右斜角線, 膝蓋彎曲, 右手指高於肩膀彈(面向12點鐘)
- 3&4 LEFT Triple forward (L forward, R beside, L forward)
左足前踏, 右足併踏, 左足前踏
- 5,6 RIGHT Step forward; LEFT beside R, heels twist L (clockwise), body faces diagonal R, knees bend, R finger snap (above shoulder height)
右足前踏, 左足併踏, 雙足踵順時針轉, 身體面向右斜角線, 右手指高於肩膀彈
- 7&8 LEFT Triple forward (L forward, R beside, L forward)
左足前踏, 右足併踏, 左足前踏

第八段**Forward, Turn, Triple Forward, Triple Forward, Rock/Forward, Turn/Recover** 前, 轉, 小三步前, 小三步前, 下沉, 轉回復

- 1,2 RIGHT Step forward; LEFT Step forward with 1/2 Turn L (6 o'clock)
右足前踏, 左轉180度左足前踏(面向6點鐘)
- 3&4 RIGHT Triple forward (R forward, L beside, R forward)
右足前踏, 左足併踏, 右足前踏
- 5&6 LEFT Triple forward (L forward, R beside, L forward)
左足前踏, 右足併踏, 左足前踏
- 7,8 RIGHT Rock/Step forward; LEFT Recover/Step back with 1/4 Turn R (9 o'clock) 右足前踏, 右轉90度左足回復(面向9點鐘)
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