

Longest Time

拍数: 32 墙数: 2 级数: Improver / Intermediate
编舞者: Emceedance (UK) - November 2015
音乐: The Longest Time - The Overtones



intro 16 counts from " ahh, ahh..

SIDE,BEHIND,CROSS, RUMBA BOX, CHASSE

1,2,3 Large step R to right side, cross L behind R, cross R further across L
4&5 Step L to left side, step R next to L, step L fwd
6&7 Step R to right side, step L next to R. step R back
8& Step L to left side, step R next to L, large step L to left side .12 o/c

BEH, CROSS, RUMBA BOX. SAILOR ½ right

2,3 Step R behind L, cross L further across R
4&5 Step R to right side, step L next to R, step R fwd
6&7 Step L to left side, step R next to L, step L back
8&1 Sweep R out turn ¼ right and step to right side, ¼ right step L to left side step R to right side
6 o/c

R R,R, BACK,VAUDEVILLES, HOOK

2&3 Cross rock L over R, recover on R, cross rock L in place
4 Step back on R
5& Cross L over R, step R to right side
6& Dig L heel to left diag, step L in place
7& Cross R over L, step L to left
8 & Dig R heel to right diag, hook R over L 6 o/c

IN PLACE, ¼ left STEP FWD, ¼ left CHASSE, CROSS RR, SIDE ,X, ¼ right BACK, SWEEP

1,2 Straighten to back step R in place, ¼ left step L fwd
3&4 ¼ left Step R to right side, step L next to R, step to right side
5,6 Cross rock L over R, recover on R
&7.8 Step L to left side, cross R over L, ¼ right step L back, 3 o/c

*& SWEEP R ¼ RIGHT TO KEEP AS A 2 WALL DANCE 6 o/c
(or leave out to become 4 wall)

RESTART wall 3 after 16 counts. ('sailor turn' becomes 'sailor Step (large step to the side)')

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