

Blue Sky (不再有藍天) (zh)

COPPER KNOB
STYLEDANCE

拍数: 48 墙数: 2 级数: Intermediate/Advanced
编舞者: Niels Poulsen (DK) - 2010年09月
音乐: Blue Sky (feat. Keith Urban) - Emily West : (3:48)



前奏 : Intro: 8 counts from first beat (app. 8 seconds into track). Start with weight on L

第一段 **Diagonally R, Step Turn Step, 1 ½ Turn L, ½ Turn L With R Sweep, Jazz ¼ R** 右斜前, 踏 轉 踏, 左1又1/2圈, 1/2帶繞, 三步爵士右1/4

- 1 Step R diagonally fw R 1:30 右足右斜角前踏(面向1:30)
- 2&3 Step fw on L (2), turn ½ R stepping onto R (&), step fw on L (3) 7:30 左足前踏, 右轉180度右足踏, 左足前踏(面向7:30)
- 4&5 Turn ½ L stepping back on R (4), turn ½ L stepping fw on L (&), turn ½ L stepping back on R but also starting to sweep L leg around (5) 1:30
左轉180度右足後踏, 左轉180度左足前踏, 左轉180度右足後踏(左足繞向前)
- 6-7 Turn ½ L stepping down on L sweeping R fw (6), Turn 1/4 L cross R over L (7) 7:30 6:00左轉180度左足踏右足繞向前, 左轉45度右足於左足前交叉踏(面向6點鐘)
- 8& Step back on L (8), step R to R side turning body to face 10:30 (&) 10:30 左足後踏, 右足右踏身體右轉90度面向9點鐘

第二段 **Cross Rock, & Cross, ¼ R, Rolling Vine, Cross Rock, ¾ L**
交叉下沉 回復-左-交叉-右1/4, 轉華倫, 交叉下沉, 1/4 1/2

- 1-2& Cross rock L over R (1), recover back on R (2), square-up to 9:00 stepping L to L side (&) 9:00
左足於右足前交叉下沉, 右足回復, 左足左踏
- 3& Cross R over L (3), turn ¼ R stepping back on L (&) 12:00
右足於左足前交叉踏, 右轉90度左足後踏(面向12點鐘)
- 4&5 Turn ¼ R stepping R fw (4), turn ½ R stepping L back (&), turn ¼ R stepping R to R side (5) 12:00
右轉90度右足前踏, 右轉180度左足後踏, 右轉90度右足右踏(面向12點鐘)
- 6-7 Cross rock L over R (6), recover on R (7) 12:00
左足於右足前交叉下沉, 右足回復(面向12點鐘)
- 8& Turn ¼ L stepping fw on L (8), turn ½ L stepping back on R (&) 3:00
左轉90度左足前踏, 左轉180度右足後踏(面向3點鐘)

Option for walls 3, 4 + 5 第三, 四, 五面牆可選擇下列舞動

Optional for counts 6-8&: Add another L full turn. Now it reads: cross rock L over R (6), recover on R (&), turn ¼ L stepping fw on L (7), turn ½ L stepping back on R (&), turn ½ L stepping fw on L (8), turn ½ L stepping back on R (&) 3:00

在第二段6-8&部份加一個左轉圈

左足於右足前交叉下沉, 右足回復, 左轉90度左足前踏, 左轉180度右足後踏, 左轉180度左足前踏, 左轉180度左足後踏

第三段 **½ L With R Sweep Fw, R & L Back Twinkles, ¼ L, ¼ L Into R Basic, ¼ R, ¼ R, Cross**
左1/2帶右繞, 右華士步, 左華士步, 1/4, 1/4基本步, 1/4 1/4 交叉

- 1 Turn ½ L stepping fw on L with a big R sweep fw! – hit the beat (1) 9:00 左轉180度左足前踏右足依音樂節拍大繞向前(面向9點鐘)
- 2&3 Cross R over L (2), step L back (&), step R back on R diagonal – body facing 10:30 (3) 10:30
右足於左足前交叉踏, 左足後踏, 右足右斜角後踏(面向10:30)
- 8&4& Cross L over R (&), turn 1/8 L stepping back on R (4), turn ¼ L stepping fw on L (&) 6:00
左足於右足前交叉踏, 左轉45度右足後踏, 左轉90度左足前踏(面向6點鐘)
- 5-6& Turn ¼ L stepping R a big step to R side (5), close L behind R (6), cross R over L (&) 3:00
左轉90度右足右一大步, 左足併踏, 右足於左足前交叉踏(面向3點鐘)
- 7-8& Turn ¼ R stepping back on L (7), turn ¼ stepping R to R side (8), cross L over R (&) 9:00
右轉90度左足後踏, 右轉90度右足右踏, 左足於右足前交叉踏(面向9點鐘)

第四段 **¼ R Into R Rock Fw, Back, ½ L Sweep, Cross Unwind Sweep, Jazz, Cross, ¼ L, ½ L** 右1/4帶下沉, 回復 後1/2帶繞, 交叉 繞轉圈 繞, 爵士交叉, 1/4 1/2

- 1 Turn ¼ R rocking fw on R (1) 12:00 右轉90度右足前下沉(12點鐘)
- 2&3 Recover back on L (2), step back on R (&), turn ½ L stepping fw on L with R sweep fw (3) 6:00
左足回復, 右足後踏, 左轉180度左足前踏右足繞向前(面向6點鐘)
- 4&5 Cross R slightly in front of L (4), unwind full turn L on L (&)*, sweep R fw (5) 6:00
右足略於左足前交叉踏, 重心在左足繞轉圈, 右足繞向前(面向6點鐘)

Wall 4: Restart after count 28& (the full unwind), facing 12:00. Easy!

第四面牆跳至4&(繞轉圈)時, 面向12點鐘, 從頭起跳

- 6&7& Cross R over L (6), step back on L (&), step R to R side (7), cross L over R (&) 6:00
右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前交叉踏(6點鐘)
- 8& Turn ¼ L stepping back on R (8), turn ½ L stepping fw on L (&) 9:00
左轉90度右足後踏, 左轉180度左足前踏(面向9點鐘)

第五段 ¼ L Into R Basic, Side L, Touch-Down!, ¼ R Sweep, Weave, ¼ R, Fw L 左1/4基本步, 左, 蹲點, 右1/4繞, 藤步, 右1/4, 前踏

- 1-2& Turn ¼ L stepping R a big step to R side (1), close L behind R (2), cross R over L (&) 6:00
左轉90度右足右一大步, 左足併踏, 右足於左足前交叉踏(6點鐘)
- 3-5 Step L to L side (3), touch R next to L bending in both knees and prepping whole body to L side (4)*, rise to normal level exploding (!) into a ¼ R sweeping L fw as you step onto R (5) 9:00
左足左踏, 右足併點雙膝彎身體面向左, 站直右轉90度重心在右足右轉90度左足向前繞

Wall 2: Restart after count 36 (the touch-down!), facing 12:00.

第二面牆跳至第4拍(蹲點)時, 面向12點鐘, 從頭起跳

- 6&7 Cross L over R (6), step R to R side (&), cross L behind R (7) 9:00
左足於右足前交叉踏, 右足右踏, 左足於右足後交叉踏(面向9點鐘)
- 8& Turn ¼ R stepping fw on R (8), step fw on L (&) 12:00
右轉90度右足前踏, 左足前踏(面向12點鐘)

第六段 ½ R, Cross Walk L R, Step ½ R, ½ R Sweep, Behind, Side, Cross Rock 右1/2, 交叉走步-左, 右, 右1/2, 右1/2繞, 後旁, 交叉下沉 回復

- 1-3 Turn ½ R stepping onto R (1), cross walk L over R (2), cross walk R over L (3) 6:00 右轉180度右足踏, 交叉走步, 交叉走步(6點鐘)
- 4&5 Step L fw (4), turn ½ R stepping onto R (&), turn ½ R stepping L back sweeping R around (5) 6:00
左足前踏, 右轉180度右足踏, 右轉180度左足後踏右足繞(面向6點鐘)
- 6-7 Cross R behind L (6), step L to L side (7) 6:00
右足於左足後交叉踏, 左足左踏(面向6點鐘)
- 8& Cross rock R over L (8), recover on L (&) 6:00
右足於左足交叉下沉, 左足回復(面向6點鐘)

Wall 3 - Option! On wall 3 the beats change. You therefore do this from count 6-8&: cross R behind L (6), step L to L side (&), cross rock R over L (7), recover on L (&), step R to R (8), cross L over R (&) 6:00

第三面牆音樂節奏改變, 6-8&改成右足於左足後交叉踏, 左足左踏, 右足於左足交叉下沉, 左足回復, 右足右踏, 左足於右足前交叉踏(面向6點鐘)

ENDING: On wall 5, after the break in the music after count 36, facing 6:00, only do up to count 43. Now, finish the dance stepping L fw and then do a slow step ½ R to face 12:00.* BREAK!: On wall 5, after count 36, facing 6:00, the music stops. Start from count 37 on word AnyMORE

結束:第五面牆跳至第五段第4拍後音樂會漸漸暫停, 此時面向6點鐘, 第37拍會唱Anymore, 繼續跳至43拍左足左踏後, 慢慢右轉180度面向前面結束