

Style

拍数: 128 墙数: 2 级数:
编舞者: Carlton Thompson (USA) - November 2015
音乐: Style - Taylor Swift



Intro: 32 counts

Part A: (Verse) 64 counts

Section 1: CROSS ROCK, RECOVER, CHASSE, CROSS ROCK, RECOVER, CHASSE

1 – 2 Cross Right foot over left into a rock step, Recover back on left foot.

***Arms – As you cross your right foot over your left, you will extend your right arm forward while extending your left arm back, drop arms to a neutral position.**

3 & 4 Step Right foot to right side, bring left next to right, step right to right side.

5 – 6 Cross left foot over right into a rock step Recover back on right foot.

***Arms – As you cross your left foot over your right, you will extend your left arm forward while extending your right arm back, drop arms to a neutral position.**

7 & 8 Step left foot to left side, bring right next to left, make a ¼ to the left while stepping left to left side. (9:00)

Section 2: STEP ½ TURN, AND HEEL AND HEEL AND TOE AND HEEL AND HEEL AND TOE AND

1 – 2 Step right foot forward into a pivot ½ turn left, step left foot forward.

3 & 4 & Step Right heel forward, bring right foot back to center, step left heel forward, bring left foot back to center.

5 & 6 & Toe touch right foot next to left, place right foot back to down, step left heel forward, bring left foot next to right.

7 & 8 & Step Right heel forward, bring right foot back to center next to left, Toe touch left next to right, place left foot center next to right and slightly lift right leg.

Section 3: STEP LOCK STEP, STEP ½ TURN, SHUFFLE FORWARD, STEP PIVOT 1/4

1&2 Step right foot forward, lock left foot behind right, step right foot forward.

3-4 Step left foot forward and make a pivot ½ turn right, step forward on right foot.

5&6 Step left foot forward, step right next to left, step left foot forward.

7-8 Step right foot forward and make a pivot ¼ turn left, step left to left side.

Section 4: CROSS, ROCK, RECOVER (TIMES 4)

1-2& Cross right foot over left, step left 45 degree back on left, Recover back onto right foot.

3-4& Cross left foot over right, step right 45 degrees back on right, Recover back onto left foot.

5-6& Cross right foot over left, step left 45 degree back on left, Recover back onto right foot.

7-8& Cross left foot over right, step right 45 degrees back on right, Recover back onto left foot.

Section 5: CROSS, FULL TURN, MONTEREY ½ TURN, HIP BUMP RIGHT, HIP BUMP LEFT

1-2& Cross right foot over left, step into a pivot ½ turn right with left leg, continue to make another ½ turn right with right leg.

3-4& Continue to pivot ½ turn right with left foot while swinging the right foot into a monterey swing, then place right behind left, recover back on left foot.

5-6& Place right foot next to left, bend right knee down, recover.

7-8& Shift weight to left side, bend left knee down, recover.

Section 6: LEFT DIAGONAL SHUFFLE, PIVOT ½ TURN CHASSE, PIVOT ½ TURN CHASSE, MONTEREY SWING, STEP, STEP

1&2 Facing 45 degrees to the left: Step left foot forward, lock left foot behind right, step right foot forward.

3&4 Make a ¼ turn to the right by stepping left side forward side stepping left, bring right next to left, make ¼ turn to the right by stepping left foot back.

- 5&6 Make a $\frac{1}{4}$ turn to the right by side stepping right foot back, step left foot next to right, make $\frac{1}{4}$ turn right by stepping right foot forward.
- 7&8 Monterey swing left foot over right, cross left foot over right, step right to right side. (12:00)

Section 7: $\frac{1}{4}$ TURN SLIDE, $\frac{1}{2}$ TURN SLIDE

- 1-4 Make a $\frac{1}{4}$ right by stepping right foot to right side. Drag left foot next to right in 3 counts.
- 5-8 Take a pivot $\frac{1}{2}$ turn right by stepping back on left foot, drag right foot next to left in 3 counts.

Section 8: $\frac{1}{4}$ TURN SLIDE, HIP SWAYS

- 1-4 Make a $\frac{1}{4}$ right by stepping right foot to right side, drag left foot next to right in 3 counts.
*Note place weight on left foot by count 4.
- 5-8 Sway hips R, L, R, L.

Part B: (Chorus) Times 2 (or two times for a total of 64 counts)

Section 9: WALK (TIMES 4), TURN AND TURN, MONTEREY SLIDE, STEP AND

- 1-4 Step $\frac{1}{4}$ right with right foot, step left foot forward, step right foot forward, step left foot forward. (3:00)
- 5&6 Continue to move forward while doing a pivot $\frac{1}{2}$ turn right on right foot, continue with another $\frac{1}{2}$ turn right by pivoting on left foot, step right foot forward on right foot.
- 7-8& Monterey swing left foot over right and place weight on left, step right behind left, pivot $\frac{1}{2}$ turn right by stepping on left foot. (9:00)

Section 10: WALK (TIMES 4), TURN AND TURN, MONTEREY SLIDE, STEP AND

- 1-4 Step right foot forward, step left foot forward, step right foot forward, step left foot forward. (9:00)
- 5&6 Continue to move forward while doing a pivot $\frac{1}{2}$ turn right on right foot, continue with another $\frac{1}{2}$ turn right by pivoting on left foot, step right foot forward on right foot.
- 7-8& Monterey swing left foot over right and place weight on left, step right behind left, pivot $\frac{1}{2}$ turn right by stepping on left foot. (9:00)

Section 11: WALK (TIMES 4), TAP, TAP, STEP, STEP, DRAG

- 1-4 Make $\frac{1}{4}$ right with right foot, step left foot forward, step right foot forward, step left foot forward. (12:00)
- 5&6 Tap right toe next to left, Tap right toe next to left, step right foot to right side.
- 7-8& Step left to left side, drag right foot next to left, tap right toe next to left.

Section 12: CHASSE BACK: RIGHT, LEFT, RIGHT; THEN LEFT, RIGHT, LEFT (TWO TIMES)

- 1&2 Slightly twist body (1/8th) right while stepping back on right foot, bring left next to right, step right foot back.
- 3&4 Slightly twist body (1/8th) left while stepping back on left foot, bring right next to left, step left foot back.
- 5&6 Slightly twist body (1/8th) right while stepping back on right foot, bring left next to right, step right foot back.
- 7&8 Slightly twist body (1/8th) left while stepping back on left foot, bring right next to left, step left foot back.

***Remember to repeat chorus for a total of 64 counts.**

REPEAT: PARTS A & B

Please note: After completing two full rotations on Wall 1 (from the very beginning of the dance to the end of the dance) you will repeat Part A for a third time facing 6:00, also known as Wall 2 at the 3:01 mark of the song. Complete the first 32 counts (first four sections). The chorus will then start again. It's recommended to continue the chorus facing 3:00 (for section 9); however, you can leave that up to the instructor.

Contact: carlton.thompson87@gmail.com

