

If I Could Start Again (是否能夠重來) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Nina Chen (TW) - 2015年11月
音乐: Ha Újra Kezdhetném - Baby Gabi



Intro: 64 counts - No Tag & No Restart

S1. SIDE - TOGETHER - FWD SHUFFLE - FWD - 1/2 TURN R SETTling - FWD SHUFFLE

1-2, 3&4 Step RF to R - Step LF beside RF - Fwd shuffle (RLR)
5-6, 7&8 Step LF fwd - 1/2 turn R (6:00) settling weight back onto LF - Fwd shuffle (RLR)
1-2, 3&4 右足右踏 - 左足併於右足旁 - 前交換步 (右左右)
5-6, 7&8 左足前踏 - 右轉 1/2 (6:00) 重心回左足呈坐沉狀 - 前交換步 (右左右)

S2. FWD - PIVOT 1/4 TURN R - CROSS SHUFFLE - 1/4 TURN L BACK - 1/4 TURN L SIDE - CROSS SHUFFLE

1-2, 3&4 Step LF fwd - Pivot 1/4 turn R (9:00) - Cross shuffle (LRL)
5-6, 7&8 1/4 turn L (6:00) step RF back - 1/4 turn L (3:00) step LF to L - Cross shuffle (RLR)
1-2, 3&4 左足前踏 - 向右踏轉1/4 (9:00) - 跨交換步 (左右左)
5-6, 7&8 左轉1/4 (6:00) 右足後踏 - 左轉1/4 (3:00) 左足左踏 - 跨交換步 (右左右)

S3. SIDE ROCK - RECOVER - CROSS SHUFFLE - SIDE - TOGETHER - R CHASSE

1-2, 3&4 Rock LF to L - Recover onto RF - Cross shuffle (LRL)
5-6, 7&8 Step RF to R - Step LF beside RF - Step RF to R - Step LF beside RF - Step RF to R
1-2, 3&4 左足左下沉 - 重心回右足 - 跨交換步 (左右左)
5-6, 7&8 右足右踏 - 左足併於右足旁 - 右追步 (右左右)

S4. PIVOT 1/4 TURN R.(x2) - JAZZ BOX

1-4 Step LF fwd - Pivot 1/4 turn R (6:00) - Step LF fwd - Pivot 1/4 turn R (9:00)
5-8 Cross LF over RF - Step RF back - Step LF to L - Touch RF beside LF
1-4 左足前踏 - 向右踏轉1/4 (6:00) - 左足前踏 - 向右踏轉1/4 (9:00)
5-8 左足前踏 - 右足後踏 - 左足左踏 - 右足點收於左足旁

Have Fun & Happy Dancing!

Contact Nina Chen: nina.teach.dance@gmail.com