

# Go With The Quo

**COPPERKNOB**  
STEPSHEETS

拍数: 32                      墙数: 2                      级数: Absolute Beginner  
编舞者: Sandra Speck (UK) - November 2015  
音乐: Rockin' All Over the World - Status Quo



Music available from iTunes

Into 24 counts, approx. 11 seconds

## S1. HEEL STRUTS

- 1 – 2                      Step forward on right heel, drop toe to floor
- 3 – 4                      Step forward on left heel, drop toe to floor
- 3 – 4                      Step forward on right heel, drop toe to floor
- 5 – 6                      Step forward on left heel, drop toe to floor

## S2. GRAPEVINE, TOUCH, GRAPEVINE ¼ TOUCH

- 1 – 2                      Step right to right side, step left foot behind right
- 3 – 4                      Step right foot to side, touch left foot next to right
- 5 – 6                      Step left foot to left side, cross right foot behind left
- 7 – 8                      Turn ¼ left stepping forward on left foot, touch right foot next to left (9 o'clock)

## S3. SIDE TOUCHES WITH ¼ TURN, STEP OUT, OUT

- 1 – 2                      Step right foot to side, touch left foot next to right
- 3 – 4                      Step left foot to side, making 1/8 turn left, touch right next to left
- 5 – 6                      Step right foot to side, making 1/8 turn left, touch left foot next to right
- 7 – 8                      Step left foot to left side, step right foot to right side (6 o'clock)

Optional arms:

Count 1-6- As you step right, sway arms to right, as you step to left sway arms to left

## S4. SHOULDER MOVES

- 1 – 2                      Push left shoulder towards right diagonal and repeat
- 3 – 4                      Bring left shoulder back, push right forward, bring right shoulder back, push left forwards
- 5 – 6                      Push right shoulder towards left diagonal and repeat
- 7 – 8                      Bring right shoulder back, push left forward, bring left shoulder back, push right forwards

For counts 1-8 section 4 place hands on hips

**NOTE:** This dance can be done as a line dance or contra line dance.

Dancers pass over the right shoulder on the heel struts at the beginning, and have fun doing the shoulder moves facing each other.

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