

Just Spank

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Phrased Intermediate
编舞者: Brandi Gross (USA) - October 2015
音乐: Spank Me - Mark Ballas



Intro-24 counts (When singing starts) □ Sequence: A – B – A – B – TAG – 16A – A – B – A

Section A: 64 counts

A[1-8] WALK X2, ENGLISH CROSS, STEP, ½ PIVOT R, ½ R, KICK

- 1 – 2 Walk fwd R, L (1,2)
&3 4 Step fwd on ball of R angle body to L (&), Cross L over R body is still angled (3), Step fwd R square up (4) (12:00)
5 – 8 Step fwd on L (5), Pivot ½ R (6), Turn ½ R stepping back on L (7), Kick R fwd (8) (12:00)

A[9-16] COASTER W/ CROSS, WALK TO DIAG X2, ROCK, RECOVER, BALL, ROCK, RECOVER W/ KNEE POP

- 1 & 2 Step back on R (1), Step L next to R (&), Cross R over L slightly (2)
3 – 4 Turn 1/8 L and walk fwd on L (3), Walk fwd on R (4) (10:30)
5 6& Rock fwd on L w/ slight body roll (5), Recover onto R (6), Step L next to R (&)
7 – 8 Rock fwd on R w/ slight body roll (7), Recover onto L popping both knees up by lifting heels (8)

****On wall 5, square up to 12:00 and RESTART here****

A[17-24] KICK, 3/8 R SAILOR, STEP, ½ L, ½ L, BIG STEP ¼ L W/ DRAG, TOUCH

- 1 2&3 Kick R fwd and swing to back (1), Step R behind L turning 3/8 R (2), Step L next to R (&), Step R fwd (3) (3:00)
4 5 6 Step fwd on L (4), Turn ½ L stepping back on R (5), Turn ½ L stepping fwd on L (6) (3:00)
7 – 8 Turn ¼ L taking a big step to the R with R dragging L toward R (7), Touch L next to R (8) (12:00)

A[25-32] STEP, TOUCH, HEEL GRIND, SAILOR, STEP TOGETHER, HEEL SWIVEL

- 1 – 4 Step L to L (1), Touch R next to L (2), Place R heel in front of L foot (3), Grind R heel moving toes to R (4)
5 & 6 Step R behind L (5), Step L next to R (&), Step R to R side (6)
7 & 8 Step L next to R (7), Lift both heels up and swivel them to L (&), Swivel heels to R and drop them w/ weight on L (8)

A[33-40] TOE STRUTS X2, TOUCH X2, KICK-HITCH-TOE TOUCH PLUS HAND, HEEL DROP AND LIFT PLUS HAND

- 1 – 4 Touch R toe to R side (1), Drop R heel (2), Cross L over R touching L toe (3), Drop L heel (4)
5 – 6 Touch R out to R side (5), Touch R behind L (6)
& 7 Make a small R kick to R diag then small hitch (&), Touch R toe to R diag (7) Mimic same motion with R hand over R foot: Push flat hand (all fingers closed and palm down) to R diag then bring hand up (leading with fingers) (&), Point fingers down over R foot (7) (entire hand motion should look like a wave)
& 8 Drop R heel and R palm of hand at same time (&), Pop R heel up along with R palm/wrist of hand (8)

A[41-48] ROCK, RECOVER, ½ L TURNING GLIDE BOX, CROSS, UNWIND

- 1 – 3 Step R behind L (1), Rock back on R pulling R shoulder back (2), Recover onto L (3)
4 – 6 Slide R to R (4), Turn ¼ L sliding L to L (5) Turn ¼ L sliding R to R (6) (6:00)
7 – 8 Cross L behind R (7), Unwind a full turn over L shoulder (8) (6:00)

[49-56] BODY ROLL X2, TOUCH FWD, TOUCH BACK W/ ½ TURN R

- 1 – 4 Step R to R side and roll body to R (1, 2), Roll body to L (3, 4)
 5 – 8 Touch R toe fwd (5), Touch R toe back (6), Turn ½ R pushing weight into ball of R (7),
 Recover back on L (8) (12:00)

A[57-64] STEP BACK, TOUCH, STEP FWD, HITCH ½ TURN L, JAZZ BOX, WALK X2

- 1 – 4 Step back on R (1), Touch L toe in front of R (2), Step fwd on L (3), Hitch R knee up making
 ½ turn L (4) (6:00)
 5&6& Cross R over L (5), Step back on L (&), Step R to R (6), Step L fwd (&)
 7 – 8 Walk fwd on R (7), Walk fwd on L (8)

Section B: 32 counts (Always starts facing 6:00)

B[1-8] HITCH ¼ TURN L W/ C HIP, TWIST HIPS ¼ TURN L, WALK X2, L SIDE MAMBO

- 1 & 2 Hitch R knee & turn ¼ L & bump R hip up (slap butt or snap w/ R hand) (1) hip bump to L (&),
 Step R to R (2) (3:00)
 3 & 4 Twist hips R, L, R turning ¼ L ending w/ weight on R (3,&4) (12:00)
 5 – 6 Walk fwd L, R (5,6)
 &7 8 Rock L out to L (&), Recover onto R (7), Step L slight fwd (8)

**B[9-16] OUT, OUT, SHOULDER POP, SWIVEL HEEL OUT AND KNEE IN MOVING SHOULDER FWD X2,
 HITCH, STEP, TOE, HEEL**

- &1 2 Step R out to R (&), Step L out to L (1), pop shoulders up then back down (2)
 3& Bend R knee and rotate inward pushing R heel out while pushing R shoulder fwd (3), Bring
 knee back to face fwd and bring shoulder back (&)
 4& Bend L knee and rotate inward pushing L heel out while pushing L shoulder fwd (4), Bring
 knee back to face fwd and bring shoulder back (&)
 5 – 6 Hitch R knee up (5), Step R next to L (6)
 7&8& Touch L toe next to R (7), Step L back (&), Touch R heel fwd (8), Step fwd on R (&)

B[17-24] PIVOT ½ R, SHUFFLE, STEP PUTTING HANDS UP, ROLL UPPER THEN LOWER BODY

- 1 – 2 Step fwd on L (1), Pivot ½ R (2) (6:00)
 3 & 4 Step L fwd (3), Step R next to L (&), Step L fwd (4)
 5 – 6 Step fwd on R and put both hands up as if pressing against a wall (5), Hold (6)
 7&8& Keeping hands still: push upper body back (7), push hips back (&), pull upper body fwd (8),
 pull hips fwd (&)

B[25-32] FWD ROCK, RECOVER, BACK LOCK, BRUSH BACK, ½ R TURN AND HITCH, ROCKING CHAIR

- 1 – 2 Drop hands and rock fwd onto L (1), Recover onto R (2)
 3 & 4 Step L back (3), Cross R over L (&), Step L back (4)
 5 – 6 Brush R back (5) Turn ½ R on L ft and hitch R knee straight up (6) (12:00)
 7&8& Rock fwd on R (7), Recover onto L (&), Rock back on R (8), Recover onto L (&)

On wall 5, square up to 12:00 wall after 16 counts and Restart.

ENJOY!!

**Please do not alter this step sheet in any way. –
 Contact: Brandi Gross, bgross388@gmail.com**
