

Try Me

拍数: 48 墙数: 2 级数: Low Intermediate
编舞者: Laura Bartolomei (FR) & Miquel Menéndez (ES) - November 2015
音乐: Try Me (feat. Jennifer Lopez & Matoma) - Jason Derulo



[1 – 8] □ 2x shuffle diagonal, ¼ turn shuffle, Cross, Step ¼ turn, Step ¼ turn □

- 1 & 2 Step R in R forward diagonal, Step L together with R, Step R in R forward diagonal □ 01:30
3 & 4 Step L in L forward diagonal, Step R together with L, Step L in L forward diagonal □ 10:30
5 & 6 Make ¼ turn R stepping R to R, Step L together with R, Step R to R □ 03:00
7 & 8 Cross L behind R, Make ¼ turn R stepping R forward, Make ¼ turn stepping L to L □ 09:00

[9 – 18] □ Cross, Mambo cross, Step, Cross shuffle, Jump, Arm movement □

- 1 – 2 & Cross R behind L, Rock L to L, Recover □ 09:00
3 – 4 Cross L behind R, Step R to R □ 09:00
5 & 6 Cross L over R, Step R to R, Cross L over R □ 09:00
7 or &7 □ Jump feet together to R side OR Step R to R, Touch L together with R □ 09:00
8 – 1 – 2 Wave both arms to R, Wave both arms to L, Clap hands □ 09:00

[19 – 24] □ 4x walks ¾ turn, Shuffle □

- 3,4,5,6 Make ¾ turn R walking R,L,R,L □ 06:00
7&8 Step R forward, Step L together with R, Step R forward □ 06:00

[25 – 32] □ Rockstep, Out out kneepop, 2x sailorsteps □

- 1 – 2 Rock L forward, Recover □ 06:00
&3 & 4 Step L out backwards, Step R out backwards, Bend both knees lifting both heels off the floor, Recover □ 06:00
5 & 6 Cross R behind L, Step L to L, Step R to R □ 06:00
7 & 8 Cross L behind R, Step R to R, Step L to L □ 06:00

[33 – 40] □ 4x Paddle turns, 2x round hip and bump □

- 1&2&3&4 Make ½ turn L pressing 4 times R to R □ 12:00
5 – 6 Make a round with hips from L to R (weight on R), Bump L hip pointing L to L □ 12:00
7 – 8 Make a round with hips from R to L (weight on L), Bump R hip pointing R to R □ 12:00

[41 – 48] □ 4x Paddle turns, Syncopated Jazzbox, Hitch □

- 1&2&3&4 Make ½ turn L pressing 4 times R to R □ 06:00
5 – 6 Cross R over L, Step L diagonally back □ 06:00
&7 – 8 Step R together with L, Cross L over R, Hitch R □ 06:00

Restarts:- □

In the 4th wall : after count 40 (bump R hip pointing R to R) start again □

In the 5th wall : after count 32 (Sailorstep) start again □

Start again!

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Last Update – 22nd Dec. 2015