

# Lose My Mind

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Belén Márquez (ES) - October 2015  
音乐: Lose My Mind - Brett Eldredge



## Start Dancing on Lyrics

### 2 MAMBO STEP (FORWARD & BACK), JAZZ BOX

1&2      Rock Right Forward, Recover to Left, Step Right Back  
3&4      Rock Left Back, Recover to Right, Step Left Forward  
5-6      Cross Right Over Left, Step Left Back  
7-8      Step Right Side, Cross Left Over Right - RESTART<sup>2</sup>

### CHASSE ¼ RIGHT, STEP TURN, 2 LOCK STEP FORWARD (LEFT & RIGHT)

1&2      Step Right Side, Step Left Together, ¼ Turn Right and Step Right Forward  
3-4      Step Left Forward, ½ Turn Right  
5&6      Step Left Forward, cross Right Behind Left, Step Left Forward  
7&8      Step Right Forward, cross Left Behind Right, Steo Right Forward

### STEP LEFT SIDE, CROSS/ROCK RIGHT BACK, STEP RIGHT SIDE, CROSS/ROCK LEFT BACK, TURN ¼ RIGHT, COASTER STEP, STEP LEFT FORWARD

1      Step Left Side - RESTART/TAG<sup>1</sup>  
2&3      Cross/Rock Right Behind Left, Recover to Left, Step Right Side  
4&5      Cross/Rock Left Behind Right, Recover to Right, ¼ Turn Right and Step Left Back  
6&7      Step Right Back, Step Left Together, Step Right Forward  
8      Step Left Forward

### TOES SWITCHES AND KICK BALL TOUCH (X2)

1&2&      Touch Right Toe to Side, Step Right Together, Touch Left Toe to Side, Step Left Together  
3&4&      Kick Right Forward, Step Right Together, Touch Left Toe to Side, Step Left Together  
5&6&      Touch Right Toe to Side, Step Right Together, Kick Left Forward, Step Left Together  
7-8      Touch Right Toe to Side, ¼ Turn Right and Drag Right Toe beside Left.

## REPEAT

### RESTART/TAG<sup>1</sup>

Wall 3 □ - After count 17 (Step Left Side) we make 3 HOLD counts

### RESTART<sup>2</sup>

Wall 6 □ - After count 8 (Jazz Box)

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