

# Strip It Down

拍数: 32      墙数: 4      级数: Improver  
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音乐: Strip It Down - Luke Bryan



**Intro: 16 counts (No Tags or Restarts)**

## **Mambo forward & back, Side Rock Cross R & L**

1&2      Rock forward onto R, Return weight to L, Step R back  
3&4      Rock back onto L, Return weight to R, Step L Forward  
5&6      Rock R to right side, Recover L, Cross R over L (moving forward)  
7&8      Rock L to left side, Recover R, Cross L over R (moving forward)

## **Rumba box, Back, Lock, Back, Shuffle ½ turn**

1&2      Step R to right side. Step L next to R, Step R forward  
3&4      Step L to left side, Step R next to L, Step L back  
5&6      Step back R, Step L across R, Step R back  
7&8      Step L ¼ left, Step R together, Step L ¼ left

## **Step side, rock back, cross (NC2) R & L, Shuffle ¼ turn, Chase ½ turn**

1,2&      Step R to right side, Rock L behind R, Cross R over L (NC2)  
3,4&      Step L to left side, Rock R behind L, Cross L over R (NC2)  
5&6      Step R to right side, step L next to R, Step R ¼ turn right  
7&8      Step L forward, Step R ½ turn right, Step L forward

## **Sway R & L, Shuffle ½ turn, Shuffle ½ turn, Sway R & L**

1-2      Sway R to Right, Sway L to left  
3&4      Step R ¼ turn right, Step L next to R, Step R ¼ turn right  
5&6      Step L back ¼ turn right, Step R next to L, Step L back ¼ turn right  
7-8      Sway R to right, Sway L to left

**Start again...enjoy**

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