Make Me Stay

拍数: 32

级数: Intermediate

编舞者: Brian Jonassen (DK) - October 2015

音乐: Stay - Mike Tramp : (Album: Nomad)

Step right, hold, back rock, recover, step left, hold, back rock, recover

- 1 2 Step right foot to right side, hold,
- 3 4 Rock back on left foot, recover to right foot
- 5 6 Step left foot to left side, hold
- 7 8 Rock back on right foot, recover to left foot

Paddle turn, behind side cross, side rock left, coaster step

- 1 2 Step forward on right foot, turn 1/4 to left side
- 3&4 Step right foot behind left, step left foot to left side, cross right foot over left foot
- 5 6 Step left foot to left side, recover to right foot
- 7&8 Step back on left foot, step right foot beside left, step forward on left foot

Rock, recover, shuffle 1/2 turn, cross, step, behind side cross

- 1 2 Step right foot to right side, recover to left foot
- 3&4 Step right foot to right turning 1/4, step left beside right, step right foot to right turning 1/4
- 5 6 Cross left foot over right foot, step right foot to right side
- 7&8 Step left foot behind right, step right foot to right side, cross left foot over right foot

Rock, recover, unwind, rock, recover, shuffle forward

- 1 2 Step right foot to right side, recover to left
- 3 4 Step right foot across left, turn ½ to the left,
- 5 6 Rock back on left foot recover to right
- 7&8 Step forward on left foot, step right foot beside left, step forward on left foot

Tag 1: after 2nd wall

Jazz box 1/4 turn right, rock forward on right foot, recover to left foot, rock back on right foot, recover to left.

Restarts:-

On wall 7 after 24 counts (behind side cross, 3rd block facing 12 o'clock) On wall 10 after 16 counts (coaster step, 2nd block facing 3 o'clock)

Tag 2: after 15th wall Jazz box, rocking chair (facing 12 o'clock)

Enjoy and have fun !!

Contact: jorgen@zone13.dk





墙数:4