

Rock Around The Clock

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Sonja Hemmes (USA) - November 2015
音乐: Rock Around the Clock - Bill Haley & The Comets



Start on Lyrics "Put your glad rags on"

S1: TOE STRUT JAZZ BOX FORWARD

1-2 Touch right toe forward, drop right heel as you put weight onto right foot
3-4 Touch left toe back, drop left heel as you put weight onto left foot
5-6 Touch right toe to the right, drop right heel as you put weight onto right foot
7-8 Touch left toe next to right, drop left heel as you put weight onto left foot

S2: COASTER FORWARD, HOLD, COASTER BACK, HOLD

1-4 Step right forward, step left next to right, step right back, hold
5-8 Step left back, step right next to left, step left forward, hold

S3: WEAVE RIGHT, ROCK AND CROSS, WITH A HOLD

1-4 Step right to right side, step left behind right, step right to right side, left over right
5-8 Step right to right side, step left next to right, step right in front of left, hold

S4: WEAVE LEFT, ROCK AND CROSS, WITH A HOLD

1-4 Step left to left side, step right behind left, step left to left side, right over left
5-8 Step left to left side, step right next to left, step left in front of right, hold

S5: RIGHT STEP LOCK FORWARD, BRUSH, LEFT STEP LOCK FORWARD, BRUSH

1-4 Step right forward, lock left behind right, step right forward, brush left forward
5-8 Step left forward, lock right behind left, step left forward, brush right forward

S6: PIVOT ½ LEFT, PIVOT ¼ LEFT WITH HOLDS

1-4 Step right forward, hold, pivot ½ left on the balls of your feet, hold
5-8 Step right forward, hold, pivot ¼ left on the balls of your feet, hold

ENDING: The second time facing the 9 o'clock wall, do a toe strut jazz box turning right to the front
