

# Paloma Blanca

COPPER KNOB  
STEPSHEETS

拍数: 78      墙数: 2      级数: Phrased Improver  
编舞者: Lily Cheng (CN) - November 2015  
音乐: Paloma blanca by Tianzhen (China)



Intro: 32 counts

Tag1: 8 counts Tag2: 16 counts  
Sequence: A/Tag1/AB/Tag2/AB/A(32)B/AB/Ending(8)

Part A: 34 counts

**A(1-8)Dig heel X2, Coaster cross, Dig heel X2, Coaster cross**

1-2            Dig R heel diagonal(X2)  
3&4           Step R back, Step L to L, Cross R over L  
5-6            Dig L heel diagonal(X2)  
7&8           Step L back, Step R to R, Cross L over R

**A(9-16)Forward, Recover, Shuffle, Charleston Step**

1-2            Step R forward, Recover on R  
3&4           Step R forward, Step L behind R, Step R forward  
5-6            Step L forward, Touch R behind L  
7-8            Step R back, Touch L over R

**A(17-24)Sway L, R, Kick ball change, Rock, Recover**

1-2            Step L to L swaying body L,R  
3&4           Step L forward, Step R behind L, Step L forward  
5&6           Kick R forward, Step R together, Point L to L  
7-8            Rock L forward, Recover R

**A(25-32)Shuffle, Pivot turn 1/4, Cross, Point, Cross, Point**

1-2            1/2 turn L step L forward, Step R behind L, Step L forward  
3-4            Step R forward, Pivot 1/4 turn L  
5-6-7-8       Cross R over L, Point L to L, Cross L over R, Point R to R

**A(33-34)Hitch, Point**

1-2            Hitch R, Point R to R

Part B(44 counts):

**B(1-8)Vine R, Scuff, Forward, Touch, Forward, Touch**

1-2-3-4       Step R to R, Cross L behind over R, 1/2/ turn R stepping R to R, Scuff L forward diagonal  
5-6-7-8       Step L forward diagonal, Touch R beside L(Put up L arm, Roll arm front to back), Step R forward diagonal, Touch L beside R(Put up R arm, Roll arm front to back)

**B(9-16)Shuffle, Rock, Recover, Back shuffle, Touch, Pivot turn**

1&2           Step L forward, Step R behind L, Step L forward  
3-4            Rock R forward, Recover L  
5&6           Step R back, Step L cross over R, Step R back  
7-8            Touch L behind R, Pivot 1/2 turn L

**B(17-24)L mambo, R mambo, Vine step, Scuff**

1&2           Rock L to L, Recover R, Cross L over R  
3&4            Rock R to R, Recover L, Cross R over L  
5-6-7-8       Step L to L, Cross R behind over L, 1/2/ turn L stepping L to L, Scuff R forward diagonal

**B(25-32) Forward, Touch, Forward, Touch, Shuffle, Rock, Recover**

- 1-2-3-4 Step R forward diagonal, Touch L beside R(Put up R arm, Roll arm front to back), Step L forward diagonal, Touch R beside L(Put up L arm, Roll arm front to back)  
5&6 Step R forward, Step L behind L, Step R forward  
7-8 Rock L forward, Recover R

**B(33-40) Back shuffle, Touch, Pivot turn, Sway, Hook**

- 1&2 Step R back, Step L cross over R, Step R back  
3-4 Touch R behind L, Pivot 1/2 turn R  
5&6& Sway L,R,L,R  
7-8 Sway L, Sway R with hook L

**B(41-44)Sway, Hook**

- 1&2& Sway R,L, R,L  
3-4 Sway R, Sway L with hook R

**Tag1:8 counts****(1-8) Chasse(X4)**

- 1&2 Step R to R, Step L together, Step R to R  
3&4 1/4 turn L stepping L to L, Step R together, Step L to L  
5&6 Step R to R, Step L together, Step R to R  
7&8 1/4 turn L stepping L to L, Step R together, Step L to L

**Tag 2: 16 counts****(1-8) Chasse(X4)**

- 1&2 Step R to R, Step L together, Step R to R  
3&4 1/4 turn L stepping L to L, Step R together, Step L to L  
5&6 Step R to R, Step L together, Step R to R  
7&8 1/4 turn L stepping L to L, Step R together, Step L to L

**(9-16)Rock, Recover, Coaster step, Rock, Recover, Coaster step**

- 1-2 Rock R to R, Recover L  
3&4 Step R back, Step L to L, Cross R over L  
5-6 Rock L to R, Recover R  
7&8 Step L back, Step R to R, Cross L over R

**Ending:8 counts**

- 1-2-3-4 Step R to R, Cross L behind over R, Step R to R, Touch L beside R  
5-6-7-8 1/4 turn L stepping L forward, 1/2 turn L stepping R back, 1/4 turn L stepping L to L, Point R to R

**Restart: On Wall 4 of Part A, After 32 counts**

**Have fun!**

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