

Moonlight Swim

COPPER KNOB
BY STEPHEN

拍数: 40 墙数: 4 级数: Improver
编舞者: Rosalee Musgrave (USA) - November 2015
音乐: Moonlight Swim - Tony Perkins



Introduction: 16 Beats

ROCK BACK, RECOVER, WALK RIGHT, LEFT, SKATE, HOLD, SKATE, HOLD

1 – 4 Rock right back, Recover forward on left, Walk forward right, walk forward left (12:00)
5 – 8 Skate right, Hold, Skate left, Hold

JAZZ BOX WITH ¼ TURN, WEAVE

1 – 4 Cross right over left, Step back on left, Turn ¼ right stepping to right, Cross left over right (3:00)
5 – 8 Step right side, Cross left behind right, Step right side, Step left forward

ROCK FORWARD, RECOVER BACK, TRIPLE ½ RIGHT, TRIPLE ½ RIGHT, ROCK BACK, RECOVER FORWARD

1 – 2 Rock right forward, Recover back on left (3:00)
3 & 4 Turning ½ right triple forward right, left, right (9:00)
5 & 6 Turning ½ right triple back left, right, left (3:00)
7 – 8 Rock right back, Recover forward on left

(Alternative for no turns - Rock right forward, Recover back on left,
(Triple back R, L, R, L, R, L, Rock right back, Recover forward on left)

COASTER FORWARD, HOLD, COASTER BACK, HOLD

1 – 4 Step forward on right, Step left forward beside right, Step back on right, Hold (3:00)
5 – 8 Step back on left, Step right back beside left, Step forward on left, Hold
(*Restart on wall 3 facing 9:00. **Restart on wall 5 facing 3:00)

MAMBO SIDE RIGHT, RECOVER, CROSS, HOLD, STEP SIDE Left, SWIVEL RIGHT HEEL, TOE, HEEL TOWARD LEFT

1 – 4 Rock right to right side, Recover on left, Cross right over left, Hold
5 – 8 Step side left on left, Swivel right heel in towards left, Swivel right toe toward left, Swivel right heel toward left

START AGAIN

*Restart on wall 3 which is the 1ST time the dance begins at 6:00 and turns to 9:00 to Restart after the COASTERS Forward and Back.

** Restart on wall 5 which is the 2nd time the dance begins at 12:00 and turns to 3:00 to Restart after the COASTERS forward and Back.

Note: Thank you to Nancy Storrs for suggesting the music for this dance.

HAPPY DANCING!!