Date Me Now

拍数: 128

级数: Phrased Low Intermediate

编舞者: Sally Hung (TW) - November 2015

音乐: Kwai Lai Yuh Wo by Shan Liang San Jie Mei

Sequence of dance: AA BC / AA BC CA

A:32 count, B:32 count, C:64 count

Intro: 32 counts

SECTION A (32 COUNTS)

A1. WEAVE L, TOGETHER, L SIDE MAMBO, R SIDE MAMBO

1,2,3&4Cross step R over L, step L to side, cross step R behind L, step L to side, step R next to L5&6,7&8Step L to side, recover to R, step L together, step R to side, recover to L, step R together

A2. WEAVE R, TOGETHER, R SIDE MAMBO, L SIDE MAMBO

1,2,3&4 Cross step L over R, step R to side, cross step L behind R, step R to side, step L next to R 5&6,7&8 Step R to side, recover to L, step R together, step L to side, recover to R, step L together

A3. STEP, STEP, FWD SHUFFLE, ROCE RECOVER, ½ TURN L FWD SHUFFLE

- 1,2,3&4 Step fwd on R, step fwd on L, fwd shuffle on RLR
- 5,6,7&8 Rock L fwd, recover onto R, ½ turn L fwd shuffle on LRL

A4. REPEAT A3

SECTION B (32 COUNTS)

B1. (SIDE ROCK, RECOVER, TRIPLE STEP) X2

- 1,2,3&4 Rock R to side, recover onto L, triple step on RLR
- 5,6,7&8 Rock L to side, recover onto R, triple step on LRL

B2. JAZZ BOX X2

- 1,2,3,4 Cross R over, step back on L, step R to side, step fwd on L
- 5,6,7,8 Repeat 1-4

B3. STEP, PIVOT ½ TURN L, FWD SHUFFLE, STEP, PIVOT ½ TURN R, FWD SHUFFLE

- 1,2,3&4 Step fwd on R, pivot ½ turn L, fwd shuffle on RLR
- 5,6,7&8 Step fwd on L, pivot ½ turn R, fwd shuffle on LRL

B4. OUT OUT BACK CLOSE, SIDE R+L, CLOSE R+L

- 1,2,3,4 Jump R slightly fwd, jump L to side (shoulder width), jump R back, jump L together
- 5,6,7,8 Jump R to R, jump L to L, jump R to the middle, jump L together

SECTION C (64 COUNTS)

C1. CROSS SAMBA, CROSS SAMBA, R FULL PADDLE TURN, STEP

- 1&2,3&4 Cross samba on RLR, cross samba on LRL
- 5&6&7&8& over the next 4 counts execute a full turn R, step R in place(&)

C2. CROSS SAMBA, CROSS SAMBA, L FULL PADDLE TURN, STEP

- 1&3.3&4 Cross samba on LRL, cross samba on RLR
- 5&6&7&8& over the next 4 counts execute a full turn L, step L in place(&)

C3. KICK, KICK, COASTER STEP, KICK, KICK, COASTER STEP

- 1,2,3&4 Kick R across L, kick R diagonal R, coaster step on RLR
- 5,6,7&8 Kick L across R, kick Ldiagonal L, coaster step on LRL





墙数: 1

C4. (CROSS SAMBA FWD)X2, (CROSS SAMBA BACK)X2

- 1&2,3&4 Cross samba on RLR, cross samba on LRL
- 5&6,7&8 Cross samba backward on RLR, cross samba backward on LRL

C5. SIDE CLOSE, SIDE TOUCH, SIDE CLOSE, SIDE TOUCH

- 1,2,3,4 Step R to R, step L next to R, step R to R, touch L next to R (with shimmy)
- 5,6,7,8 Step L to L, step R next to L, step L to L, touch R next to L (with shimmy)

C6. ½ TURN R BY SIDE CLOSE SIDE TOUCH, ½ TURN L BY SIDE CLOSE SIDE TOUCH

- 1,2,3,4 Make a ¹/₂ turn R by step R to R, step L next to R, step R to R, touch L to L
- 5,6,7,8 Make a ¹/₂ turn L by step L to L, step R next to L, step L to L, touch R to R

C7. ROCKING CHAIR X2

1,2,3,4Rock R fwd, recover onto L, rock R back, recover onto L (with shimmy)5,6,7,8Repeat 1-4

C8. (STEP TURN & SCUFF)X4

- 1,2,3,4 Fwd step R, making a ¼ turn L scuff, fwd step L making a ¼ turn L scuff
- 5,6,7,8 Repeat above procedure

Happy Dancing!

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