

I'll Be Needing Stitches

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Weber Wen (USA) - November 2015
音乐: Stitches - Shawn Mendes : (Album: Handwritten)



Intro: Dance begins approx. 32 seconds into the track on the first beat of the bass - no RESTARTS or TAGS

S1: STOMP, HOLD, TAP x 2, KICK, COASTER

- 1-2 Stomp R forward on the R diagonal (weight stays on L), hold
- 3-4 Keep the ball of R pressed down and tap R heel twice
- 5-6 Kick R forward, step back on R
- 7-8 Step L next to R, step forward on R

S2: STOMP, SWIVEL TOE-HEEL-TOE, STEP, TOUCH, STEP, TOUCH

- 1-2 Stomp L in front of R, touch R toe next to L as you swivel L heel to right
- 3-4 Touch R heel next to L as you swivel L toe to right, touch R toe next to L as you swivel L heel to right
- 5-6 Step forward on R diagonally, touch L toe next to R
- 7-8 Step forward on L diagonally, touch R toe next to L

S3: STOMP, HOLD, 1/2 TURN, HOLD, WALK x 2, SPIRAL FULL TURN OVER 2 COUNTS

- 1-2 Stomp forward on R, hold
- 3-4 Pivot 1/2 turn to left, hold (6:00)
- 5-6 Step forward on R, step forward on L
- 7-8 Step forward on R angling body and toe to 4:30, continue spiral turn over left shoulder to finish full turn (weight stays on R) (6:00)

Easy option for 5-8: Step forward on R (5), lock L behind R (6), step forward on R (7), scuff L forward (8)

S4: CROSS, POINT, HITCH, SIDE, BEHIND, 1/4 TURN, SIDE, TOUCH

- 1-2 Cross L over R, touch R toe to R side
- 3-4 Hitch R knee slapping left hand on R knee, step R to R side
- 5-6 Step L behind R, turn 1/4 to right stepping forward on R (9:00)
- 7-8 Step L to L side, touch R toe next to L

Feel the bass and enjoy!!

This dance is dedicated to Megan Jones!!

Special thank you to Terri Anderson for proof reading!!

Contact: weberwen@yahoo.com

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