

# Break Down

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Flavia Ruzzier (IT) - November 2015  
音乐: Break It Back Down - Pat Green



**Intro: 32 counts - Start dancing on lyrics**

## **SCISSOR STEP, HOLD**

1-2-3-4      Step right on right side, step left beside, cross right over left, hold  
5-6-7-8      Step left on left side, step right beside, cross left over right, hold

## **ROCKING CHAIR, STEP ¼ TURN, STOMP**

1-2      Step right forward, recover on left  
3-4      Step right back, recover on left  
5-6      Step right forward, ¼ turn left (weight on left)  
7-8      Stomp right, stomp left

## **KICK RIGHT TWICE, ROCK BACK, STEP ½ TURN, STEP, HOLD**

1-2-3-4      2x Kick right, rock right back, recover on left  
5-6-7-8      Step right forward, ½ turn left, step right forward, hold

## **KICK LEFT TWICE, ROCK BACK, STEP ½ TURN, STEP, HOLD**

1-2-3-4 2      x Kick left, rock left back, recover on right  
5-6-7-8      Step left forward, ½ turn right, step left forward, hold

## **RESTART**

**RESTART: On 10th wall (9:00), after 16 counts**

**END: On 14th wall (12:00), after 24 counts**

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