

拍数: 64

级数: Improver

编舞者: Janis Watkins (UK) - November 2015

墙数:2

音乐: Joy - Will Young



WALL 1 - 56 count

Section 1:- Chasse Right, Rock back, Kick Ball Cross x 2

- 1 & 2 Step right to right side, step left next to right, step right to right side
- 3, 4 Rock left behind right, recover weight on to right
- 5 & 6 Kick left, step left to right, cross right over left
- 7 & 8 Kick left, step left to right, cross right over left

Section 2:- Chasse Left, Rock back, Kick Ball Cross x 2

- 1 & 2 Step left to left side, step right next to left, step left to left side
- 3, 4 Rock right behind left, recover weight on to left
- 5 & 6 Kick right, step right next to left, cross left over right
- 7 & 8 Kick right, step right next to left, cross left over right

Section 3:- Shuffle diagonally right, left, right, left

- 1 & 2 On the right diagonal, step right forward, slide left to right, step right forward
- 3 & 4 On the left diagonal, step left forward, slide right to left, step left forward
- 5 & 6 On the right diagonal, step right forward, slide left to right, step right forward
- 7 & 8 On the left diagonal, step left forward, slide right to left, step left forward

Section 4:- Jazz Box 1/4 Right x 2

- 1 4 Cross right over left, step back left, ¼ turn right with right foot, step left next to right
- 5 8 Repeat steps 1 4

Section 5:- Toe Struts x 2, Kick ball change, Step 1/2 turn Left

- 1, 2, 3, 4 Step right toe forward, lower heel, step left toe forward, lower heel
- 5 & 6 Kick right forward, step right next to left, step left next to right
- 7, 8 Step forward right, pivot ½ turn left (weight transfers to left)

Section 6:- Toe Struts x 2, Kick ball change, Step 1/2 turn Left

1 -8 Repeat section 5

Section 7:- Part figure of 8 to right

1 - 4Step right to right side, cross left behind right, ¼ turn right with right foot, step forward left5 - 8Pivot ½ turn right, step ¼ right with left, cross right behind left, step left to left side (weight on left)

WALL 2 – 64 count

As wall 1 to end of section 6

Section 7:- 11/2 x figure of 8

- 1 4 Step right to right side, cross left behind right, ¼ turn right with right foot, step forward left
- 5 8 Pivot ½ turn right, step ¼ right with left, cross right behind left, step ¼ left with left foot
- 9 12 Step right forward, pivot ½ left, step ¼ right with right, cross left behind right
- 13 16 Step ¼ right with right foot, step forward left, pivot ½ turn right, step ¼ right with left (weight on left)

(You will be facing the same wall as when you started the figure of 8) \square

During wall 5 main music stops after section 4 but keep dancing and maintaining count, full music starts again on wall 6 section 3.

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