

Only A Moment

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate Rumba
编舞者: Christina Yang (KOR) - November 2015
音乐: I'm Not Giving You Up - Gloria Estefan



Start the dance after 32 counts.

SECTION 1: BACKWARD WALK, BACKWARD ROCK, RECOVER, FORWARD WALK, 1/4 TURN TO R AND LF TOUCH BESIDE RF, SIDE STEP WITH SWAY L, SWAY R, SWAY L

1-4 LF long step to backward, backward rock, LF recover, RF forward
5-8 1/4 turn to R and LF touch beside RF(weight to R), LF side step with sway to L, sway to R, sway to L(weight on LF),

SECTION 2: 1/2 TURN TO L WITH SIDE TOUCH, FORWARD WALK, SIDE TOUCH, 1/4 TURN TO L, BACKWARD WALK, BACK ROCK, RECOVER, FORWARD WALK

1-4 1/2 turn to L with RF side touch, RF forward walk, LF side touch, 1/4 turn to L(weight on RF)
5-8 LF backward walk, RF back rock, LF recover, RF forward walk,

SECTION 3: 3/4 TURN TO L WITH SPIRAL, SIDE ROCK, RECOVER, DIAGONAL FORWARD ROCK, RECOVER, SIDE STEP, DIAGONAL FORWARD ROCK, RECOVER

1-4 3/4 turn to L with LF spiral, LF side rock, RF recover, LF diagonal forward rock
5-8 RF recover, side step, RF diagonal forward rock, LF recover,

SECTION 4: 1/4 TURN TO R WITH FORWARD WALK, FORWARD WALK, 1/2 TURN TO R(WEIGHT ON LF), SHORT SLIP TO FORWARD WALK, 3/4 TURN TO L WITH SPIRAL, 1/4 TURN TO L WITH FORWARD, FORWARD, 3/4 TURN TO L WITH LF SWEEP(WEIGHT ON RF)

1-4 1/4 turn to R with RF forward, LF forward, 1/2 turn to R(weight on LF), RF short slip to forward
5-8 3/4 turn to L with LF spiral, 1/4 turn to L with LF forward, RF forward, 1/2 turn to L with LF sweep(weight on RF)

RESTART: On the 3rd, 9th walls, you should dance after 16 counts and start again

E-mail: chrisj0618@yahoo.com - <http://www.youtube.com/user/thetrianglelinedance>
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