

Shut Up And Dance

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Mike Dey (USA) - November 2015
音乐: Shut Up and Dance - WALK THE MOON



No Tags, No Restarts

S1: WALK , WALK, ROCK AND CROSS, ROCK AND CROSS, WALK , WALK

1-2 Walk Right, Walk Left
3&4 Rock Right and Cross Left
5&6 Rock Left and Cross Right
7-8 Walk Right, Walk Left

S2: LINDY RIGHT, LINDY LEFT

1&2 Chasse to the Right-Left-Right (Shuffle side-together-side)
3-4 Rock Left behind Right, return weight to Right
5&6 Chasse to the Left-Right-Left (Shuffle side-together-side)
7-8 Rock Right behind Left, return weight to Left

S3: VINE TO RIGHT (SIDE BEHIND), SHUFFLE- RIGHT-LEFT-RIGHT; VINE TO LEFT (SIDE BEHIND), SHUFFLE- LEFT-RIGHT-LEFT

1-2, 3&4 Side Right-Behind Left, Shuffle- Right-Left-Right
5-6, 7&8 Side Left-Behind Right, Shuffle- Left-Right-Left

S4: KICK-BALL-CHANGE, STEP RIGHT TURN ¼ LEFT ; KICK-BALL-CHANGE, STEP RIGHT TURN ¼ LEFT

1&2 Kick Right, Step Right in place, Step Left in Place
3-4 Step Right, turn ¼ Left, Step Left
5&6 Kick Right, Step Right in place, Step Left in Place
7-8 Step Right, turn ¼ Left, Step Left

S5: KICK-BALL-CHANGE, (SHORTY GEORGE), SKATE RIGHT-LEFT, SHUFFLE RIGHT-LEFT-RIGHT, SHUFFLE LEFT-RIGHT-LEFT

1&2 Kick Right, Step Right in place, Step Left in Place
3-4 Walk Right, Walk Left (Shorty George)
5&6, Shuffle at Right Angle, Right-Left-Right
7&8 Shuffle at Left Angle, Left-Right-Left

S6: JAZZ BOX 1/8 RIGHT TURN, JAZZ BOX 1/8 RIGHT TURN

1-2-3-4 Cross Right over Left, Step Back On Left, Side Right, Left Together (1/8 Turn Right)
5-6-7-8 Cross Right over Left, Step Back On Left, Side Right, Left Together (1/8 Turn Right)

Repeat

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