La Rumba Perfidia



拍数: 32 墙数: 4 级数: Beginner - Cuban Rumba

编舞者: Anthony Kusanagi (INA) - November 2015

音乐: Perfidia - Laura Fygi: (Album: The Latin Touch)



Start Dancing On Vocal - No Tags, No Restarts

SI.□BACKWARD STEP - BACK ROCK - FORWARD STEP - SWAY

1 L step backward

2-3-4 R step backward, recover to L, R step forward

5 Hold

6-7-8 L step to side with hip sway to left, recover to R and sway to right, recover to L and sway to

left

SII. □ CROSS ROCK - SIDE STEP - CROSS ROCK - SIDE STEP

1 Hold

2-3 R cross in front of L, recover to L

4-5 R step to side, Hold

6-7 L cross in front of R, recover to R

8-1 L step to side, Hold

SIII. □SWAY - TURN ½ TO RIGHT - SPOT TURN

2-3-4 recover to R, recover to L, recover to R
5 turn ½ to right (06.00) then L touch next to R

6-7-8 L step forward diagonally to right (07.30), turn ½ to right then R step forward (01.30), turn ¼

to right then L step forward (04.30)

SIV.□TURN 1/8 TO RIGHT - SIDE ROCK - CROSS - TURN ¼ TO RIGHT - BACKWARD STEP - TURN ¼ - BACKWARD STEP

1 Hold

2-3-4 Turn 1/8 to left then R step to side (03.00), recover to L, R cross in front of L

5 Hold

6-7-8 turn ¼ to right then L step backward (06.00), turn ¼ to right then R step backward (09.00), L

flick from front to back

1 L step backward (Restart the dance form the beginning)

NOTE: There is a development on Section II for the line dancers who search for a higher level movements. This development is only an option. Dance it whenever you like.

II. LUNGE FORWARD - HOLD - RECOVER - SIDE STEP - FOLD

2-3 R step forward diagonally to left then R bend down, hold

&4-5 recover to L, R step to side, hold

6-7-8 L knee fold to side and the body sway/lean to right for three counts

1 L step to side

ENJOY THE DANCE

For more information, please contact me on: anthonymld.ina@gmail.com