

Mama's Broken Heart

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 2 级数: Newcomer
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音乐: Mama's Broken Heart - Miranda Lambert



S1: SIDE ROCK, RECOVER, SAILOR STEP, HITCH-STEP BACK 2X, COASTER STEP

1 RF rock to right side
2 LF recover
3 RF cross behind LF
& LF step next to RF
4 RF step to right side
& LF hitch
5 LF step back
& RF hitch
6 RF step back
7 LF step back
& RF step next to LF
8 LF step forward

S2: SCUFF, HITCH-TURN ½, COASTER STEP, TOUCH SIDES, KICK, FLICK

1 RF scuff forward
& RF hitch while turning ½ left
2 RF step back
3 LF step back
& RF step next to LF
4 LF step forward
5 RF touch right side
& RF step next to LF (weight on RF)
6 LF touch left side
& LF step next to RF (weight on LF)
7 RF kick forward
& RF step next to LF
8 LF flick back

S3: PIVOT ½, TURN 1 ¼, WAVE, LONG STEP

1 LF step forward
2 Turn ½ to right (weight on RF)
3 Turn ½ right LF step back
& Turn ½ right RF step forward
4 Turn ¼ right LF step to left side
5 RF step behind LF
& LF step next to RF
6 RF cross LF
7 LF step to left side
8 Hold

S4: SAILOR STEP, WAVE, MONTEREY TURN ¼, HITCH, STEP, TOUCH

1 RF step behind LF
& LF step next to RF
2 RF step to right side
3 LF step behind RF

& RF step next to LF
4 LF cross RF
5 RF touch right side
& Turn $\frac{1}{4}$ to right side
6 LF touch left side
& LF hitch
7 LF step next to RF
8 RF touch next to LF

Restart 1 in wall 3, after first 12 counts;

Restart 2 in wall 6, after first 12 counts;

Restart 3 in wall 7(continue dancing while there is a pause in music)after first 24 counts.

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