

Tomgang

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Emma Skov Støttrup Mainz (DK) - November 2015
音乐: Tomgang - Lars Lilholt : (Album: Toppen af Poppen - iTunes - 3:12)



Dance starts on the word "Tomgang" on count 4

[1-8] □ Chasse Box

1&2 Step R to R side, Step L next to R, Step R to R Side
3&4 Turn 1/4 L Step L to L Side, Step R next to L, Step L to L Side (9:00)
5&6 Turn 1/4 L Step R to R Side, Step L next to R, Step R to R Side (6:00)
7&8 Turn 1/4 L Step L to L Side, Step R next to L, Turn 1/4 L step fw on L (12:00)

[9-16] □ Walk R,L, Shuffle fw, Rock fw, Recover, Shuffle back

1-2 Walk fw R, Walk fw L
3&4 Step fw on R, Step L next to R, Step fw on R
5-6 Rock fw on L, Recover on R
7&8 Step back on L, Step R next to L, Step back on L

[17-24] □ Shuffle back, Rock back, Recover, Shuffle 1/2 R, Rock back, Recover

1&2 Step back on R, Step L next to R, Step back on R
3-4 Rock back on L, Recover on R
5&6 Step 1/4 R Stepping L to L side, Step R next to L, Step 1/4 L Step back on L (6:00)
7-8 Rock back on R, Recover on L

[25-32] □ Jazz 1/4 R, Out Out, In In

1-4 Cross R over L, Step back on L, Step 1/4 R step R fw, Step L beside R (9:00)
5-6 Step R fw to R diagonal pushing R hip fw & out to R side, Step L fw to L diagonal pushing L hip fw & Out to L side
7-8 Step R back in, step L next to R.

Ending: Wall 12 (3:00) dance 14 counts – then chasse 1/4 L to face 12:00 wall – POSE

HAPPY DANCING

Contact: lene.m@privat.dk - www.happylinedanceherning.dk