

Baby Baby Baby (心愛寶貝) (zh)

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Dee Musk (UK) - 2010年02月
音乐: Baby - Justin Bieber



前奏 : 32 Count Intro. Approx 15 seconds. Track approx 3 mins 36 secs

第一段 L Side Step Hold, Together Cross Side, Twist Heels R Then L Hold, Ball Step. 左 候-併-交叉, 右, 右旋轉 左旋轉, 候-併-踏

- 1,2 Step L to L side, hold count 2. 左足左踏, 候
&3,4 Step R beside L, cross step L over R, step R to R side.
右足併踏, 左足於右足前交叉踏, 右足右踏
5,6 Twist heels R then L. 雙足踵向右旋轉, 向左旋轉
7 Hold count 7 (Weight on L). 候(重心在左足)
&8 Step R beside L, step forward on L. (12 o'clock).
右足併踏, 左足前踏(面向12點鐘)

第二段 Step ½ Turn L, 1/4 Turn L With Drag, Behind Side Cross Hitch. 踏 轉, 1/4 拖併, 後旁 前抬

- 1,2 Step forward on R, pivot a ½ turn L. 右足前踏, 左軸轉180度
3,4 Make a further ¼ turn L stepping R to R side and drag L up to and behind R. 左轉90度右足右踏, 左足拖併至右足後踏
5,8 Cross step L behind R, step R to R side, cross step L over R, hitch R knee to R diagonal. (3 o'clock).
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏, 面向右斜角右膝抬(面向3點鐘)

第三段 Behind Side, Cross Shuffle, ¼ Turn R, ¼ Turn R, Cross Rock. 後 左, 交叉交換, 1/4 1/4, 交叉下沉 回復

- 1,2 Cross step R behind L, step L to L side.
右足於左足後交叉踏, 左足左踏
3&4 Cross step R over L, step L to L side, cross step R over L.
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏
5,6 Make a 1/4 turn R stepping back on L, make a ¼ turn R stepping R to R side. 右轉90度左足後踏, 右轉90度右足右踏
7,8 Cross rock L over R, recover weight to R. (9 o'clock).
左足於右足前交叉下沉, 右足回復(面向9點鐘)

第四段 Chasse L, Cross Side, Touch Unwind ½ Turn R, Walk Back R, L. 左追步, 交叉 左, 後點 轉, 後走 後走

- 1&2 Step L to L side, close R beside L, step L to L side.
左足左踏, 右足併踏, 左足左踏
3,4 Cross step R over L, step L to L side.
右足於左足前交叉踏, 左足左踏
5,6 Touch R toe behind L, unwind a ½ turn R (weight remains on L).
右足趾於左足後點, 右繞轉180度(重心在左足)
7,8 Walk back R, L. (3 o'clock). 右足後走, 左足後走(面向3點鐘)

第五段 Rock Back Recover, Full Turn L Travelling Forward, Step Lock Step ¼ Hitch R. 後下沉 回復, 轉 轉, 前鎖步帶1/4抬

- 1,2 Rock back on R, recover weight to L. 右足後下沉, 左足回復
- 3,4 Travelling forward make a ½ turn L stepping back on R, make a further ½ turn L stepping forward on L.
左轉180度右足後踏, 左轉180度左足前踏
(Easier Option: Walk forward R, L).
(簡易版: 右足前走, 左足前走)
- 5,8 Step forward on R, lock L behind R, step forward on R, making on a ¼ turn R hitch L knee. (6 o'clock).
右足前踏, 左足於右足後鎖踏, 右足前踏右轉90度左膝抬(面向6點鐘)

第六段 Cross Side Behind Point, ¼ Monterey R Point, Cross Back.
藤步點, 蒙特瑞轉1/4, 交叉後

- 1,4 Cross step L over R, step R to R side, cross step L behind R, point R toe to R side.
左足於右足前交叉踏, 右足右踏, 左足於右足後交叉踏, 右足右點
- 5,6 Making a ¼ turn R step R beside L, point L toe to L side.
右轉90度右足併踏, 左足左點
- 7,8 Cross step L over R, step back on R. (9 o'clock).
左足於右足前交叉踏, 右足後踏(面向9點鐘)

第七段 Side Rock, Behind ¼ Turn R, Step Hold, ½ Turn R Hold.
左下沉 回復, 後 1/4, 踏 候, 轉 候

- 1,2 Rock L to L side, recover weight to R. 左足左下沉, 右足回復
- 3,4 Cross step L behind R, make a ¼ turn R stepping forward on R.
左足於右足後交叉踏, 右轉90度右足前踏
- 5,6 Step forward on L, hold count 6. 左足前踏, 候
- 7,8 Make a ½ turn R, hold count 8 (weight forward on R). (6 o'clock).
右轉180度, 候(重心在右足)(面向6點鐘)

第八段 Step Forward Rock Recover Step Back, Reverse ½ Turn L, Step Pivot Step.
踏 下沉 回復 後, 左1/2, 踏 轉 踏

- 1-4 Step forward on L, rock forward on R, recover weight to L, step back on R. 左足前踏, 右足前下沉, 左足回復, 右足後踏
- 5 Make a ½ reverse turn L stepping forward on L. 左轉180度左足前踏
- 6-8 Step forward on R, make a ½ turn L, step forward on R. (6 o'clock).
右足前踏, 左轉180度, 右足前踏(面向6點鐘)
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