

# Heartbeat

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Heartbeat - Beckah Shae



**Intro: 16 Counts, Start on Lyrics**

## **Step, Rock-Step-Step, Behind-Side-Cross, Touch, Behind-1/4-Step**

1                    Step R side R  
2&3                Rock L behind R (2) Recover onto R (&) Step L side L (3)  
4&5                Step R behind L (4) Step L side L (&) Step R over L (11 o'clock) (5)  
6                    Touch L forward (11 o'clock)  
7&8                Step L behind R (7) Step R 1/4 R (3 o'clock) (&) Step L forward (8)

## **Rock-Recover-Hitch, Step-Lock-Step, 1/2 Shuffle, Chase**

1&2                Rock R forward (1) Recover onto L (&) Hitch R Knee (2)  
3&4                Step R back (3) Lock L over R (&) Step R back (4)  
5&6                1/4 turn L, Step L side L (5) Step R beside L (&) 1/4 turn L, Step L forward (6)  
7&8                Step R forward (7) 1/2 Pivot L, wt on L (&) Step R forward (8)

## **Soft-Shoe, Sailor, Soft-Shoe, Sailor**

1&2&              Rock L forward (1) Recover onto R (&) Rock L side L (2) Recover onto R (&)  
3&4                Step L behind R (3) Step R beside L (&) Step L side L (4)  
5&6&              Rock R forward (5) Recover onto L (&) Rock R side R (6) Recover onto L (&)  
7&8                Step R behind L (7) Step L beside R (&) Step R side R (8)

## **Cross-Shuffle, Scissor, 1/2 Shuffle, Shuffle-Step**

1&2                Step L over R (1) Step R side R (&) Step L over R (2)  
3&4                Step R side R (3) Step L beside R (&) Step R over L (4)  
5&6                1/4 turn R, Step L back (5) 1/4 turn R, Step R side R (&) Step L over R (6)  
7&8&              Step R side R (7) Step L over R (&) Step R side R (8) Step L over R (&)

**HAVE FUN AND ENJOY**

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