

Locked Away

拍数: 32 墙数: 4 级数:
编舞者: Amélie Jammart (BEL) - October 2015
音乐: Locked Away (feat. Adam Levine) - R. City



Intro : 36 count

S1: MAMBO STEP FORWARD, MAMBO STEP BACK, ROCK STEP, SHUFFLE 1/2.

1 RF Rock step forward
& LF Recover
2 RF Step back
3 LF Rock step back
& RF Recover
4 LF Step forward
5 RF Rock Forward
6 LF Recover
7 RF step 1/2 turn
& LF step next to RF
8 RF Step forward

S2: MAMBO STEP SIDE,CROSS, MAMBO STEP SIDE, CROSS, 1/2 TURN, CHASSE 1/4.

1 LF Rock step side L
& RF Recover
2 LF Cross over RF
3 RF Rock step side R
& LF Recover
4 RF Cross over LF
5 LF Step forward
6 RF 1/2 turn
7 LF Step side 1/4 turn
& RF step next to LF
8 LF Step to L

S3: TOUCH CROSS FORWARD, TOUCH SIDE, TRIPLE STEP, TOUCH CROSS, FORWARD, TOUCH SIDE, TRIPLE STEP.

1 RF Touch cross over LF
2 RF Touch side R
3 RF Step next to LF
& LF Step next to RF
4 RF Step next to LF
5 LF Touch cross over RF
6 LF Touch side L
7 LF Step next to RF
& RF Step next to LF
8 LF Step next to RF

S4: STEP FORWARD, 1/2 TURN, 1/2 TURN, 1/2 TURN, 1/4 TURN WITH HIPS ROLL, 1/4 TURN WITH HIPS ROLL.

1 RF Step forward
2 LF 1/2 turn
3 RF Step 1/2 turn
4 LF step 1/2 turn

5-6 RF Step 1/4 turn with hips roll Right to Left
7-8 RF Step 1/4 turn with hips roll Right to Left

TAG: after wall 3 & 7

2X 1/4 TURN WITH HIPS ROLL.

1-2 RF Step 1/4 turn with hips roll Right to Left

3-4 RF Step 1/4 turn with hips roll Right to Left

And Restart the dance.

Contact: ameliejammart@outlook.be

Last Update - 12th Nov. 2015
