All Day Long



拍数: 32 墙数: 4 级数:

编舞者: Gordon Elliott (AUS) - October 2015

音乐: All Day Long - Billy Currington: (Album: Enjoy Yourself)



Original Position: Feet Together Weight On The Left Foot.

This dance is done in FOUR directions. Introduction: 16 Beats

TOUCH, ACROSS, TOUCH, ACROSS, COASTER STEP, SHUFFLE FORWARD

1, 2	Touch R Toe To The Side, Step R Across In Front Of Left,
3, 4	Touch L Toe To The Side, Step L Across In Front Of Right,
5 & 6	Coaster: Step R Back, Step L Together, Step R Forward,
	0. 6

7 & 8 Shuffle Forward Step: L-R-L.

FORWARD, ROCK, 1/2 SHUFFLE FORWARD, PIVOT TURN, SIDE-ROCK-ACROSS

1, 2	Step R Forward, Rock Back Onto L,
3 & 4	Turn 180□ Right Shuffle Forward Step : R-L-R,
5, 6	Pivot : Step L Forward, Turn 180□ Right Take Weight Onto R,
7&8	Sten I. To The Side Side Rock Onto R. Sten I. Across In Front Of Right ##

SIDE, BACK-ROCK-SIDE, BACK-ROCK-KICK BALL CROSS, SIDE, ROCK

1, 2 &	Step R To The Side, Step L Back, Rock Forward Onto R,
3, 4 &	Step L To The Side, Step R Back, Rock Forward Onto L,
5 & 6	Kick R Forward At 45□ Right, Step R Back, Step L Across In Front Of R,
7 0	Stan D. To The Side Side Dook Onto I

7, 8 Step R To The Side, Side Rock Onto L

SAILOR STEP, 1/4 TURN SAILOR, FORWARD, ROCK, 1/2 FORWARD, FORWARD

1 & 2	Sailor: Step R Behind Left, Step L To The Side, Step R To The Side,
3 & 4	Sailor Step Turning 90□ Left Step : L-R-L,
5, 6	Step R Forward, Rock Back Onto L,
7, 8	Turn 180□ Right Step R Forward, Step L Forward.

[32] REPEAT THE DANCE IN NEW DIRECTION

RESTART: On WALL 3 & WALL 7 dance to BEAT 16 (##) & RESTART to the 6.00 & 3.00 respectively.

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