

I'll Be

拍数: 60 墙数: 2 级数: Phrased Intermediate
编舞者: Cody Flowers (USA) - October 2015
音乐: I'll Be (45 Version) - Edwin McCain



Phrasing: A A B A B B A A B A B A B A A A

Section A: 48 counts

A(1-6) Step, Drag (2 Counts), Rock-Recover, $\frac{1}{4}$

1 2 3 Step RF to right side, Drag LF to RF for 2 counts
4 5 6 Rock LF behind RF, Cross RF over LF, Make $\frac{1}{4}$ Turn left (9:00) stepping forward on LF

A(7-12) $\frac{1}{2}$ Sweep, Step, $\frac{1}{2}$, $\frac{1}{2}$

1 2 3 Make $\frac{1}{2}$ Turn left (3:00) sweeping RF around
4 5 6 Step RF down, Make $\frac{1}{2}$ Turn right (9:00) stepping forward on LF, Make $\frac{1}{2}$ Turn right (3:00) stepping forward on RF

A(13-18) Step, Point, Hold, Cross, Sweep, Hold (2 counts)

1 2 3 Step forward on LF, Touch RF to right side (continue traveling forward), Hold
4 5 6 Cross RF over LF while sweeping LF from back to front, Hold for 2 counts

A(19-24) Cross, $\frac{1}{4}$, Step, Cross, $\frac{1}{4}$, $\frac{1}{4}$

1 2 3 Cross LF over RF, Make $\frac{1}{4}$ Turn left (12:00) stepping RF back, Step LF to left side
4 5 6 Cross RF over LF, Make $\frac{1}{4}$ Turn right (3:00) stepping LF back, Make $\frac{1}{4}$ Turn right (6:00) stepping RF to right side

A(25-30) Cross, Full Unwind, Step, Rock, Hold (2 Counts)

1 2 3 Cross LF over RF, Unwind Full Turn, Step forward on RF
4 5 6 Rock forward on LF, Hold for 2 counts

A(31-36) Big Step, Drag (2 Counts), Step, $\frac{1}{4}$, $\frac{1}{4}$

1 2 3 Big step back on RF, Slowly drag LF to RF
4 5 6 Step back on LF, Make $\frac{1}{4}$ Turn right (9:00) stepping RF to right side, Make $\frac{1}{4}$ Turn right (12:00) stepping forward on LF

A(37-42) Step, $\frac{1}{4}$ Sweep, Cross, $\frac{1}{4}$, $\frac{1}{2}$

1 2 3 Step forward on RF, Make $\frac{1}{4}$ Turn right (3:00) sweeping LF from back to front
4 5 6 Cross LF over RF, Make $\frac{1}{4}$ Turn left (12:00) stepping back on RF, Make $\frac{1}{2}$ Turn left (6:00) stepping LF forward

A(43-48) $\frac{1}{4}$, Hold (2 Counts), Rock, Cross, $\frac{1}{4}$

1 2 3 Make $\frac{1}{4}$ Turn left (3:00) stepping RF to right side, Hold for 2 counts
4 5 6 Rock LF behind RF, Cross RF over LF, Make $\frac{1}{4}$ Turn right (6:00) stepping back on LF

Begin Section A again by making a $\frac{1}{4}$ Turn right (9:00) stepping RF to right side for count 1.

Section B: 12 counts

B(1-6) Step, Drag (2 Counts), Rock-Recover, Step

1 2 3 Step RF to right side, Drag LF to RF for 2 counts
4 5 6 Rock LF behind RF, Recover weight on RF, Step LF forward

B(7-12) Cross, $\frac{1}{4}$, Step, Behind, $\frac{1}{4}$, $\frac{1}{4}$

1 2 3 Cross RF over LF, Make $\frac{1}{4}$ Turn right (6:00) stepping back on LF, Step RF to right side

4 5 6 Step LF behind RF, Make $\frac{1}{4}$ Turn right (9:00) stepping forward on RF, Make $\frac{1}{4}$ Turn right (12:00) stepping back on LF

Begin dance again by stepping RF to right side for count 1.
