

Emergency

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Christiane FAVILLIER (FR) - September 2014
音乐: 911 (feat. Mary J. Blige) - Wyclef Jean : (Album: The Eclectic -2 Sides II a Book)



Intro music 32 C (starting on words!) Style: New Line - Hip Hop R'nB

(1-8) WALKS X 2, ANCHOR STEP BACK STEP X 2, COASTER STEP

1 2 Step forward right, step left forward
3&4 Step right heel lift heel, heel lift Ask heel Lift the heel, heel lift Ask heel
5 6 Rewind L, R back
7&8 Step back left, step right next to left, step left forward

(9-16) - PIVOT ¼ TURN L, R LARGE STEP SIDE, THE BACK ROCK, LARGE L STEP SIDE, BACK ROCK R SWAY X2, X3 BUMPS

1 2& Rotate 1/4 turn left (9:00) step right to right, step left behind (with weight) and recover to right
3 4& Step left to left, step right behind (with PDC) and return to PG
5 6 Step right to right hip swinging to right, swing left hip left
7&8 Sway hips to right, to left, right (PDC on right)

(17-24) - L ¼ PIVOT POINT FORWARD, L HEEL IN PLACE, R FEET BEHIND POINT L, R HEEL IN PLACE, L POINT FORWARD, L HEEL IN PLACE, R FEET BEHIND THE POINT, WALK X2, R SWEEP ¼ TURN L & R CROSS OVER THE L

1&2 Rotate 1/4 turn left (6:00) pointing left forward, step left, step right toe behind left
&3&4 Step right in place, touch left forward, step left in place, touch right behind left
5 6 Walk R, walk L
7 8 Drop tip back Step forward while rotating 1/4 turn left, cross right over left (3.00)

(25-32) - POINT SIDE, TOGETHER, POINT FORWARD, TOGETHER, HITCH X 2, L SAILOR CROSS WITH HALF TURN, FLICK, R STEP BACK, STEP SIDE ON THE L

1&2& Touch left to left, step left toe next to right, touch left forward, step left toe next to right
3&4& Lift the left leg (toe up), resting left leg next to right, lift the left leg (left toe up), L leg rest
5 & 6 Cross left leg behind right, pivot 1/2 turn to left (9:00) posing right to right, cross left over right
7 & 8 Lift leg back right, back right, step left to left (weight on left)

FINAL: We start the last wall dance at 6:00 we did the first 20 counts and then skip the next two strokes 5 6 (Walk, walk) to go directly to the SWEEP (which will take place over a full turn left and who finished in reducing left next to right (we meet at 12:00)

Christiane Favillier (original) www.badgirls dancers.fr
ORIGINAL FORM OF CHOREGRAPHE PDC = Body weight