

# He's A Heartache

COPPER KNOB  
BY SHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Alain Vanderheyden (BEL) - October 2015  
音乐: He's A Heartache - Janie Fricke



Intro : 32 count, beginning to song BPM : 176

## S1: Rocking chair, out, out, in, in,

1-2            step RF forward, recover on LF  
3-4            step RF back, recover on LF  
5-6            step on right heel forward, step on the left heel forward  
7-8            step RF back on center, step LF back on center

## S2: Grapevine, scuff, grapevine with ¼ turn L, scuff

1-2            step RF aside, cross left behind right  
3-4            step RF aside, slide LF heel on floor  
5-6            step LF aside, cross right behind left  
7-8            ¼ turn left step LF forward, slide right heel on floor (9:00)

## S3: Toe strut, step fwd, ½ turn, toe strut, step fwd, ½ turn

1-2            touch right toe forward, step right heel down  
3-4            step LF forward, ½ turn right (3:00)  
5-6            touch left toe forward, step left heel down  
7-8            step RF forward, ½ turn left ((9:00)

## S4: Jazz box with toe struts

1-2            touch right toe across LF, step right heel down  
3-4            touch left toe back, step left heel down  
5-6            touch right toe side, step right heel down  
7-8            touch left toe forward, step left heel down

## S5: Step, lock step, scuff, step, lock step, scuff

1-2            step RF forward, cross left behind right  
3-4            step RF forward, slide left heel on floor  
5-6            step LF forward, cross right behind left  
7-8            step LF forward, slide right heel on floor

## S6: Step, ½ turn pivot, step, full turn, shuffle, step, ¼ turn R, cross

1&2            step RF forward, ½ turn left (3:00), step RF forward  
3&4            ½ turn right step LF back, ½ turn right step RF forward, step LF forward  
5&6            step RF forward, LF together, step RF forward  
7&8            step LF forward, ¼ turn right (6:00), cross left over right

## S7: Weave to R, side rock cross

1-2            step RF aside, cross left behind right  
3-4            step RF aside, cross left over right  
5-6            step RF aside, cross left behind right  
7&8            step RF aside, recover on LF, cross right over left

## S8: ¼ turn L, ¼ turn L, cross, monterey ½ turn, rocking chair

1&2            ¼ turn left step LF back, ¼ turn left step RF aside (12:00), cross left over right  
3&4            touch right toe side, ½ turn right step RF together (6:00), touch left toe side

&5-6            step LF next to right (restart), step RF forward, recover on LF  
7-8              step RF back, recover on LF

**Begin opnieuw**

**Restart: on wall two dance you t/m 60 counts (count 4& and the 8e block) and start again (12:00)**

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