

Easy

拍数: 48 墙数: 4 级数: Easy Intermediate
编舞者: Christiane FAVILLIER (FR) - October 2015
音乐: Easy - Bonnie McKee : (Album: Bombastic)



Intro: 16 counts

(SPANISH EVENTS 2015 - Lloret del Mar)

[1-8] RUN BACKWARD - COASTER STEP L - R POINT SIDE - PIVOT ¼ TURN & HITCH - CROSS POINT L

1 & 2 Step back right, step left next to right, back right
3 & 4 Step back left, step right next to left, move left on the 6
5 6 Touch right to side, pivot from 1/4 turn left (9:00) lift the right leg
7 8 Cross right over left, point left to left

[9-16] CROSS OUT & OUT X 2 - CROSS & R UNWIND - TRIPLE BACK -

1 & 2 Cross left over right, step right to right, step left to left
3 & 4 Cross right over left, step left to left, step right
5 6 Cross left over right and unwind a full turn right (9:00)

**** 7 & 8 Step back right, step left next to right, back right**

RESTART HERE after 16 counts of 6th wall (you will be at 12:00) ** replace the triple step backwards and OUT and IN TOUCH & RF (accounts & 7 & 8)

[17-24] SWAYS RAPIDLY -TOGETHER X 2, 1/4 TURN, HOLD - CROSSING SHUFFLE

1234 Step left to left and swing to L, then R (knees flex) X 2

ENDING HERE : she finished the sways you are facing 12 o'clock !! (sways to 8 times)

& 56 Thanks Rotate to 1/4 turn left (6:00) by assembling LF at RF, HOLD
7 & 8 Cross left over right, step right, cross left over right

[25 - 32] ¼ PIVOT L, ½ L PIVOT, TRIPLE STEP FORWARD, STEP ¼ TURN RIGHT, BEHIND SIDE CROSS

1 2 Rotate the 1/4 turn left, step right back (3:00), Rotate to 1/2 turn left, step forward (9:00)
3 & 4 Step right forward, step left behind right, advancing RF
5 6 forward left, pivot from 1/4 turn to R (1200)
7 & 8 Cross left behind right, step right to right, cross left over right

[33-40] KICK BALL CROSS X 2 -ROCK SIDE - SAILOR STEP ½ TURN

1 & 2 Kick right forward, step right beside left, cross left over right
3 & 4 Kick right forward, step right beside left, cross left over right
5 6 Step right to right (with weight) and recover to left
7 & 8 Cross right behind left, pivot from 1/2 turn right, step left to left, step right (weight on R)

[41-48] KICK BALL CROSS X 2 - ¼ TURN L & HOLD - BEHIND, SIDE, TOUCH R

1 & 2 Kick Front L, step left next to right, cross right over left
3 & 4 Kick Front L, step left next to right, cross right over left
5 6 Rotate the fourth turn left (3:00), HOLD
7 & 8 Cross right behind left, step left to left, point right next to left (weight on L)

Christiane.favillier@hotmail.com - <http://christianefavillie.wix.com.angie>