

Butterfly (蝴蝶) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Winnie Yu (CAN) - 2008年12月
音乐: Butterfly - Toybox



前奏 : Intro: 48 count 48拍後起跳

第一段 Step, Touch, Step, Hitch, Rocking Chair 踏點, 踏抬, 搖椅步

- 1-2 Step right to right side, touch left beside right
右足右踏, 左足併點
- 3-4 Step left to left side, hitch right knee up across left
左足左踏, 右膝於左足前交叉抬
- 5-6 Rock right forward, recover onto left 右足前下沉, 左足回復
- 7-8 Rock back on right, recover onto left 右足後下沉, 左足回復

第二段 (Fwd Shuffle) X 2, Forward, Pivot ½ Turn, Fwd Shuffle 前交換步二次, 前踏轉1/2, 前交換步

- 1&2 Step forward on right, step left behind right, step forward on right
右足前踏, 左足於右足後踏, 右足前踏
- 3&4 Step forward on left, step right behind left, step forward on left
左足前踏, 右足於左足後踏, 左足前踏
- 5-6 Step forward on right, pivot ½ turn left (6:00)
右足前踏, 左轉180度(面向6點鐘)
- 7&8 Step forward on right, step left behind right, step forward on right
右足前踏, 左足於右足後踏, 右足前踏

RESTART: There is a RESTART on 3rd wall: Dance up to section 2 (16 counts) ADD the extra "&" on left that restart the dance (12:00)

第三面牆跳至此加半拍左足踏, 從頭起跳(面向12點鐘)

第三段 Forward, Pivot ½ Turn, Fwd Shuffle, (Kick Ball Change) X 2 前, 轉1/2, 前交換步, 踢交換步二次

- 1-2 Step forward on left, pivot ½ turn right (12:00)
左足前踏, 右轉180度(面向12點鐘)
- 3&4 Step forward on left, step right behind left, step forward on left
左足前踏, 右足於左足後踏, 左足前踏
- 5&6 Kick right forward, step right next to left, step left in place
右足前踢, 右足併踏, 左足踏
- 7&8 Kick right forward, step right next to left, step left in place
右足前踢, 右足併踏, 左足踏

第四段 Heel, Toe, Step, Touch, Flick, ¼ Turn. Swing 踵, 趾, 踏, 點, 抬, 轉1/4, 擺動

- 1-2 Touch right heel forward, touch right toe to right side
右足踵前點, 右足趾右點
- 3-4 Touch right toe back, touch right toe to right side
右足趾後點, 右足趾右點
- &5 Step right next to left, touch left to left side
右足併踏, 左足左點
- &6 Step left next to right, touch right to right side
左足併踏, 右足右點

- 7 Flick right behind left and slap with left hand (weight on left)
右足於左足後抬並以左手拍右足(重心在左足)
- 8 Make a $\frac{1}{4}$ left (9:00) swinging right to right and slap right hand (with weight on left) 左轉90度(面向9點鐘)
- Easy option for Improver Level - Section 4:count 7-8
第四段第7-8拍可換成下列舞步
- Hitch right knee and hitch right knee with a $\frac{1}{4}$ left turn (with weight on left) 右膝抬, 左轉90度(重心在左足)
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