

Adorable

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ria Vos (NL) - October 2015
音乐: Adore - Jasmine Thompson



Intro: 16 Counts (\pm 8 sec.)

S1: Back, Drag, Ball- Walk, Walk, Kick Ball Step, Rock Fwd

1-2& Step R Big step Back, Drag L Towards R, Step on Ball of L Next to R
3-4 Step Fwd on R, Step Fwd on L
5&6 Kick R Fwd, Step on Ball of R Next to L, Step Fwd on L
7-8 Rock Fwd on R, Recover on L

S2: Shuffle $\frac{1}{2}$ Turn R, Pivot $\frac{1}{4}$ Turn R, Cross, Side Rock, Step Fwd, $\frac{1}{2}$ Turn R

1&2 Shuffle $\frac{1}{2}$ Turn R Stepping R-L-R
3-4 Step Fwd on L, Pivot $\frac{1}{4}$ Turn R
5&6 Cross L Over R, Rock R to R Side, Recover on L
7-8 Step Fwd on R, $\frac{1}{2}$ Turn R Step Back on L

S3: $\frac{1}{4}$ R Side Step, Hold, $\frac{1}{4}$ L Bump Fwd-Back, Step Fwd, $\frac{1}{2}$ L Touch, Step Back, $\frac{1}{4}$ L Touch

1-2 $\frac{1}{4}$ Turn R Step R to R Side, Hold
3-4 $\frac{1}{4}$ Turn L Bump L Hip Fwd, Bump R Hip Back
5-6 Step Fwd on L, $\frac{1}{2}$ Turn L on L foot Touching R Next to L
7-8 Step Back on R, $\frac{1}{4}$ Turn L on R foot Touching L Next to R

S4: Side Step, Cross Rock, Side, Cross Rock, $\frac{1}{4}$ L, $\frac{1}{4}$ L

1 Step L to L Side
2-3 Cross Rock R Over L, Recover on L
4 Step R to R Side
5-6 Cross Rock L Over R, Recover on R
7-8 $\frac{1}{4}$ Turn L Step Fwd on L, $\frac{1}{4}$ Turn L Step R to R Side

S5: Touch Behind, Hold, & Diagonal Step Touches, Rock Fwd, & Step, Hitch

1-2 Touch L Toe Behind R, Hold
&3 Small L Step Fwd to L Diagonal, Touch R Next to L
&4 Small R Step Fwd to R Diagonal, Touch L Next to R
5-6 Rock Fwd on L, Recover on R
&7-8 Step L Next to R, Step Fwd on R, Hitch L

S6: Point Back, $\frac{1}{2}$ L, $\frac{1}{4}$ L, Behind, $\frac{1}{4}$ R, Step Fwd, Full Turn R

1-2 Point L Toe Back, $\frac{1}{2}$ Turn L Stepping Weight on L
3-4 $\frac{1}{4}$ Turn L Step R to R Side, Step L Behind R
5-6 $\frac{1}{4}$ Turn R Step Fwd on R, Step Fwd on L
7-8 Pivot $\frac{1}{2}$ Turn R (weight on R), $\frac{1}{2}$ Turn R Stepping Back on L

***Restart Point

S7: Back, Hold, & Heel & Touch, Toe Strut, $\frac{1}{4}$ Turn R Toe Strut

1-2& Step Back on R, Hold, Step L Next to R
3&4 Touch R Heel Fwd, Step R Next to L, Touch L Next to R
5-6 Step on L Toe Fwd to L Diagonal, Lower L Heel
7-8 $\frac{1}{4}$ Turn R Step on R Toe Fwd, Lower R Heel

S8: Kick, Cross, Back, Side, Cross Rock, $\frac{1}{4}$ R, $\frac{1}{2}$ R

1-2 Kick L Fwd, Cross L Over R
3-4 Step Back on R, Step L to L Side
5-6 Cross Rock R Over L, Recover on L
7-8 ¼ Turn R Step Fwd on R, ½ Turn R Step Back on L

Restart: After Count 48 on wall 2 (12:00) and 5 (6:00)

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