

Fox On The Run EZ

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
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音乐: Fox On the Run - The Sweet : (iTunes)



#32 Count Intro

Section 1 [1 – 8] FORWARD TOUCH. FORWARD TOUCH . WALK FORWARD 3 TOUCH

- 1 – 2 Step Right Diagonally Forward, Touch Left Beside Right
- 3 – 4 Step Left Diagonally Forward, Touch Right Beside Left
- 5 – 6 Step Right Forward , Step Left Forward
- 7 – 8 Step Right Forward , Touch Left Beside Right (Facing 12 O'clock)

Optional Restart After 8 Counts Change Count 8 To Step Left Together

SECTION 2 [9 – 16] WALK BACK 3 TOUCH. SIDE TOGETHER. SIDE TOUCH

- 1 – 2 Walk Left Back, Walk Right Back
- 3 – 4 Walk Left Back . Touch Right Beside Left
- 5 – 6 Step Right Side. Step Left Beside Right.
- 7 – 8 Step Right To Right Side .Touch Left Beside Right

Harder Option On Counts 5 -6 You Can Add A Rolling Vine R

SECTION 3 [17 – 24] LEFT ¼ VINE BRUSH . OUT OUT. BACK TOGETHER.

- 1 – 2 Step Left Side . Cross Right Behind Left (Facing 3 O'clock)
- 3 – 4 Turn ¼ Left Step Left Forward, Brush Right Forward (Facing 3 O'clock)
- 5 – 6 Step Right Out To Side. Step Left Out To Side .
- 7 – 8 Step Right Back, Step Left Beside Right

SECTION 4 [25 – 32] ROCKING CHAIR , POINT OUT, TOUCH IN ,POINT OUT , TOUCH IN

- 1 – 2 Rock Right Forward, Recover Left,
- 3 – 4 Rock Right Back, Recover Left
- 5 – 6 Point R Out Side , Touch R In Together
- 7 – 8 Point R Out Side, Touch R Together Or /Brush R Fwd

Optional Restart During Wall 5 After 8 Change Count 8 To Step Left Together

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No Changes In The Stepsheet Allowed, Without The Choreographers Permission.

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