

# K Polka

COPPER KNOB  
STEPPERS

拍数: 40      墙数: 4      级数: Beginner  
编舞者: Kay Needham (USA) - October 2015  
音乐: Una Paloma Blanca - George Baker



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## S1: Walk forward 3, hitch (clap); Walk back 3, touch (clap)

1-4      Left Walk forward 3 (L-R-L) & hitch right knee on 4 (slight hop) (clap optional)  
5-8      Right Walk back 3 (R-L-R) & touch left beside right (clap optional)

## S2: Vine Left; Vine Right - (Drunken Schottische)

1-4      Vine left L-R-L, touch R & clap  
5-8      Vine right R-L-R, touch L & clap

## S3: (Heel & Toe Polka)

1-4      Touch left heel at a 45° angle, touch left toe beside right foot & shuffle in place (L,R,L)  
5-8      Touch right heel at a 45° angle, touch right toe beside left foot & shuffle in place (R,L,R)

## S4: (Jessie Polka)

1-4      Touch left heel forward, step weight on left foot back to center, touch right toe back, touch right toe beside left  
5-8      Touch right heel forward, step in place on right foot, Touch left heel forward, bend left over knee (hook)

## S5: Stomp

1-4      Step left, stomp right beside left, step left, on (4) turn ¼ right and hook right foot  
5-8      Stomp forward on right, left, right; on (8) turn left ½ and hook left foot

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