

Forget Me Not

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Improver waltz
编舞者: Juilin Chen (TW) & Irene Deng (TW) - October 2015
音乐: 19 - ForgetMeNot



Intro : 32 Count start on vocal (Approx. 21 Seconds Into Track) 4:00 iTunes ,78 bpm
Tag : 6 count After end of wall 3 and Wall 6

SECTION 1: Twinkle Steps

1 – 3 Behind Rf over Lf , Step Lf to Left diagonal(10:30), Step Rf next to Lf.
4 – 6 Behind Lf over Rf , Step Rf to right diagonal(1:30), Step Lf next to Rf.

SECTION 2 : Twinkle Steps

1 – 3 Behind Rf over Lf , Step Lf to Left diagonal(10:30), Step Rf next to Lf.
4 – 6 Behind Lf over Rf , Step Rf to right, Step Lf next to Rf.(12:00)

SECTION 3: Basic Back Waltz, Recover, Chasse

1-3 Step back on Rf, Step Lf next to Rf, Behind Rf over Lf
4, 5 & 6 Recover on Lf, Step Rf to right side ,Step Lf next to Rf, Step Rf to right side.

SECTION 4: Cross, Recover, Side, Counterclockwise unwind, Side

1 – 3 Step Lf cross over Rf, Recover on Rf, Step Lf to left side(12:00)
4 – 6 Cross Rf over Lf , Counterclockwise Turn left circle, Step Lf to left side

SECTION 5: Cross, Recover, Side, Cross, Recover, Side,

1 – 3 Cross Rf over Lf, Recover on Lf, Step Rf beside Lf
4 – 6 Cross Lf over Rf, Recover on Rf, Step Lf beside Rf

SECTION 6: Forward, Sweep 1/4 Turn Right, Twinkle 1/2 turn Left

1 – 3 Step Rf forward (1), Sweep Lf 1/4 turn right (2,3)(3:00)
4 – 6 Step Lf Forward, Step Rf back, making turn left (12:00), step Lf to left, making 1/4 turn left (9:00)

SECTION 7:'Basic Forward Waltz, Basic back Waltz

1 – 3 Step forward on Rf, Step Lf next to Rf, Step Rf next to Lf(9:00)
4 – 6 Step back on Lf, Step Rf next to Lf, Step Lf next to Rf

SECTION 8: Twinkle 1/2 Turn Left, Forward sliding x2

1 – 3 Step Rf back, Step Lf forward, making 1/2 turn left (3:00), Step Rf next to Lf
4 – 6 Step Lf forward out Sliding, Step Rf forward out Sliding, Step Lf next to Rf

TAG : 6 counts After end wall 3(9 o`clock) and wall 6(6 o`clock)

1 – 3 Step Rf to side, making a slow hip bump right
4 – 6 Step Lf to side, making a slow hip bump left

Proposal : Hand movements refer to the demo

Have fun!!! Happy Dance

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