

Euphoria (幸福感應) (zh)

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 4 级数: Intermediate
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音乐: No Me Digas Que No - Enrique Iglesias : (CD: Euphoria - 4:06)



前奏 : 32 count intro 32拍後起跳

- 第一段 Diagonal, Step Forward, Tap, Step Back, Side, Diag Step Fwd, Tap, Step Back, Together 斜前踏, 點, 後踏, 右, 斜前踏, 點, 後踏 併**
- 1-2 Step Right diagonally forward Left. Tap Left toe behind Right heel
右足左斜角前踏, 左足於右足踵後點
- 3-4 Step back on Left. Step Right to Right side (straightening up to 12 o'clock) 左足後踏, 右足右踏(轉正面向12點鐘)
- 5-6 Step Left diagonally forward Right. Tap Right toe behind Left heel
左足右斜角前踏, 右足趾於左足踵後點
- 7-8 Step back on Right. Step Left beside Right (weight on Left)
右足後踏, 左足併踏(重心在左足)
- 第二段 Step Fwd, 1/2 Turn Right, Right Shuffle 1/2 Turn, Jazzbox Cross 3/8 Turn Left 踏 反轉, 轉交換, 爵士方塊轉3/8帶交叉**
- 1-2 (Still on Right diagonal) Step forward on Right. Make 1/2 turn Right stepping back on left. (面向右斜角)右足前踏, 右轉180度左足後踏
- 3&4 Right shuffle making 1/2 turn Right, stepping – Right, Left, Right
右180度轉交換-右, 左, 右
- 5-6 Cross step Left over Right. Make 3/8 turn Left stepping back on Right 左足於右足前交叉踏, 左轉135度右足後踏
- 7-8 Step Left to Left side. Cross step Right over Left (Now facing 9 o'clock) 左足左踏, 右足於左足前交叉踏(面向9點鐘)
- Option:
選擇版 Count 1-4 above: 1-2 Step fwd on Right, lock Left behind Right. 3&4 Right shuffle forward 1-2 右足前踏, 左足於右足後鎖踏, 3&4 前交換
- 第三段 Chasse Left, Back Rock, Right Side Rock-Recover X2 (Completing ¼ Turn Left) 左追步, 後下沉回, 右下沉 1/8回, 右下沉 1/8回(共轉1/4)**
- 1&2 Step Left to Left side, Close Right beside Left, Step left to left side. 左足左踏, 右足併踏, 左足左踏
- 3-4 Rock back on Right, Rock Forward on Left 右足後下沉, 左足回復
- 5-6 Rock Right out to Right side. Recover weight onto Left making 1/8 turn Left 右足右下沉, 左轉45度左足回復
- 7-8 Rock Right out to Right side. Recover weight onto Left making 1/8 turn Left (Facing 6 o'clock)
右足右下沉, 左轉45度左足回復(面向6點鐘)
- 第四段 Cross Rock, 1/4 Turn Right X2, Back Rock, Right Kick-Ball-Cross 交叉下沉回, 右1/4 兩次, 後下沉回, 踢 併 交叉**
- 1-2 Cross rock Right over Left. Rock back on Left
右足於左足前交叉下沉, 左足回復
- 3-4 Make 1/4 turn Right stepping forward on Right. Make 1/4 turn Right stepping Left to Left side
右轉90度右足前踏, 右轉90度左足左踏
- 5-6 Rock back on Right. Rock forward on Left (Facing 12 o'clock)
右足後下沉, 左足回復(面向12點鐘)

7&8 Kick Right Diagonally forward Right. Step ball of Right beside Left. Cross Step Left over Right
右足右斜前踢, 右足併踏, 左足於右足前交叉踏

第五段 Side Step Right, Touch, 1/4 Turn Left, Sweep, Weave 1/4 Turn Left
右, 併點, 左1/4, 繞, 藤步帶1/4

1-2 Long step Right to Right side. Touch Left toe beside Right
右足右一大步, 左足趾併點

3-4 Make ¼ turn Left stepping forward on Left. Sweep Right out and around from Back to Front 左
轉90度左足前踏, 右足由後繞至前

5-6 Cross step Right over Left. Step Left to Left side (Facing 9 o'clock)
右足於左足前交叉踏, 左足左踏(面向9點鐘)

7-8 Cross Right behind Left. Make ¼ turn Left stepping forward on Left (Facing 6 o'clock) 右足於左足
後交叉踏, 左轉90度左足前踏(6點鐘)

第六段 Step, Pivot 1/2 Turn Left, Right Shuffle, 1/2 Turn Right, 1/4 Turn Right, Left Cross Shuffle 踏 轉,
前交換, 轉 1/4, 交叉交換

1-2 Step forward on Right. Pivot 1/2 turn Left (Facing 12 o'clock)
右足前踏, 左轉180度(面向12點鐘)

3&4 Right shuffle forward stepping Right-Left-Right 前交換-右, 左, 右

5-6 Make 1/2 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side 右
轉180度左足後踏, 右轉90度右足右踏

7&8 Cross step Left over Right, Step Right to Right side, Cross step left over Right (Facing 9 o'clock)
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏(面向9點鐘)

第七段 Right Side Rock, Behind & Step Forward, Step Forward, Touch, Step Back, Hook 右下 回復,
後 旁 前, 踏, 後點, 後踏 勾

1-2 Rock Right out to Right side. Recover weight on Left
右足右下沉, 左足回復

3&4 Cross Right Behind Left. Step Left to Left side. Step forward on Right 右足於左足後交叉踏, 左足
左踏, 右足前踏

5-6 Step forward on Left. Tap Right toe behind Left heel
左足前踏, 右足趾於左足踵後點

7-8 Step back on Right. Hook Left heel across Right shin (Facing 9 o'clock)
右足後踏, 左足踵於右小腿前勾(面向9點鐘)

第八段 Step Forward, Scuff, Right Shuffle Forward, Forward Rock, Left Shuffle 1/2 Turn Left 踏 擦踢, 前
交換, 下沉 回復, 轉交換

1-2 Step forward on Left. Scuff Right forward
左足前踏, 右足前擦踢

3&4 Right shuffle forward stepping Right-Left-Right
前交換-右, 左, 右

5-6 Rock forward on Left. Rock back on Right
左足前下沉, 右足回復

7&8 Left shuffle making 1/2 turn Left, stepping Left-Right-Left (facing 3 o'clock) 左180度轉交換-左, 右,
左(面向3點鐘)
